

# Dance Within The Flame

拍數: 0      牆數: 3      級數: Intermediate  
編舞者: Matt Atkinson (UK)  
音樂: Unknown



Sequence: ABC, ABC(24), AB(4), A (tag), AB, AB

## PART A

### JUMP, LOOK, TURN, KICK, BACK COASTER, FORWARD COASTER

&1-2      Jump feet shoulder width apart, turn head to look to your right  
3-4      Swivel heels ¼ turn right (to follow head), kick right foot forward  
5&6      Step right foot back, step left next to right, step right foot forward  
7&8      Step left foot forward, step right next to left, step left foot backward

### JUMP, LOOK, HIP BUMPS, SIDE SHUFFLE ¼ TURN LEFT, ROCK RIGHT FORWARD

&9-10      Jump feet shoulder width apart, turn head to look to your left  
11&12      Bump hips right, left, right  
13&14      Side shuffle left with a ¼ turn left  
15-16      Rock forward on right, recover weight onto left

### STEP, TURN, SIDE, TOUCH, HEEL SWITCHES AND CLAPS

17-18      Step right toes backwards, reverse pivot ½ right  
19-20      Step left to left side, touch right next to left  
21&22      Touch right heel forward, step right next to left, touch left heel forward  
&23&24      Step left next to right, touch right heel forward, clap hands twice

### STEP PIVOT, STEP PIVOT, ROCK LEFT, ROCK RIGHT

25-26      Step left forward, pivot ½ right  
27-28      Step left forward, pivot ½ right  
29-30      Rock left to left side, recover weight onto right  
&31-32      Step left next to right, rock right to right side, recover weight onto left

10 count tag after the 4th 'A' section

## PART B

Same as Part A but to left not right

### JUMP, LOOK, TURN, KICK, BACK COASTER, FORWARD COASTER

&1-2      Jump feet shoulder width apart, turn head to look to your left  
3-4      Swivel heels ¼ turn left (to follow head), kick left foot forward

Restart here on 3rd 'B' part

5&6      Step left foot back, step right next to left, step left foot forward  
7&8      Step right foot forward, step left next to right, step right foot backward

### JUMP, LOOK, HIP BUMPS, SIDE SHUFFLE ¼ TURN RIGHT, ROCK LEFT FORWARD

&9-10      Jump feet shoulder width apart, turn head to look to your right  
11&12      Bump hips left, right, left  
13&14      Side shuffle right with a ¼ turn right  
15-16      Rock forward on left, recover weight onto right

### STEP, TURN, SIDE, TOUCH, HEEL SWITCHES AND CLAPS

17-18      Step left toes backwards, reverse pivot ½ left  
19-20      Step right to right side, touch left next to right  
21&22      Touch left heel forward, step left next to right, touch right heel forward

&23&24 Step right next to left, touch left heel forward, clap hands twice

**STEP PIVOT, STEP PIVOT, ROCK RIGHT, ROCK LEFT**

25-26 Step right forward, pivot ½ left

27-28 Step right forward, pivot ½ left

29-30 Rock right to right side, recover weight onto left

&31-32 Step right next to left, rock left to left side, recover weight onto right

**PART C**

**WALKS, SHUFFLE, STEP, TURN, CROSS SHUFFLE**

&1-2 Step left next to right, walk forward right, left

3&4 Step right slightly forward, step left to meet right, step right slightly forward

5-6 Step forward on left, pivot ¼ turn right

7&8 Cross shuffle left over right

**TOE SWITCHES, HEEL, TOE, STEP PIVOT, CROSS, UNWIND**

9&10 Touch right toes to right, step right next to left, touch left toes to left

&11&12 Step left next to right, touch right heel forward, step right next to left, touch left toes back

&13-14 Step left next to right, step forward right, pivot ½ left

15-16 Cross right over left, unwind full turn turning left

**RIGHT, TOUCH, LEFT, TOUCH, BACK, TOUCH, BACK, TOUCH**

17-18 Step right to right diagonal, touch left next to right

19-20 Step left to left diagonal, touch right next to left

21-22 Step right back to right diagonal, touch left next to right

23-24 Step left back to left diagonal, touch right next to left

**Restart here on the 2nd 'C' section**

**RIGHT, TOUCH, TURN, TOUCH, BACK, TOUCH, BACK, TOUCH**

25-26 Step right to right diagonal, touch left next to right

27-28 ¼ turn right, step left to left, touch right next to left

29-30 Step right back to right diagonal, touch left next to right

31-32 Step left back to left diagonal, touch right next to left

**TAG**

**Performed once after the 4th 'A' part**

1-2 Rock forward on right, recover weight onto left

3&4 Step right back, step left next to right, step left forward

5-6 Rock left to left side, recover weight onto right

7&8 Step left behind right, step right to right side, cross left over right

&9&10 Jump feet shoulder width apart, jump feet together

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