

Dance With Me!

拍數: 52 牆數: 2 級數: Advanced
編舞者: Jenny Bounds (AUS)
音樂: Trouble Is a Woman - Gina Jeffreys



RIGHT HEEL FORWARD, ROCK BACK, STEP BACK & SLIDE

1-2 Dig right heel forward, rock back onto left foot
3-4 Step back onto right foot, slide left foot back next to right

RIGHT HEEL FORWARD, ROCK BACK, STEP BACK & SLIDE

1-2 Dig right heel forward, rock back onto left foot
3-4 Step back onto right foot, slide left foot back next to right

FORWARD LOCK, STEP FORWARD, HITCH & SCOOT

1-2 Step forward onto right foot, step left behind right foot
3-4 Step forward onto right foot, hitch left knee & scoot forward on right foot

FORWARD LOCK, STEP FORWARD, HITCH & SCOOT

1-2 Step forward onto left foot, step right behind left foot
3-4 Step forward onto left foot, hitch right knee & scoot forward on left foot

CHARLESTON STEPS

1-2 Swing right foot out to side and touch right toe forward, swing right toe out to right side and step right foot behind left
3-4 Swing left foot out to side and touch left foot behind right, swing left foot out to side and step left foot forward

CHARLESTON STEP, STOMP, HEELS IN, TOES IN, HEELS IN, TOES NEUTRAL

&1-2 Swing right foot out to side, touch right toe forward, stomp right foot to right side, (feet apart slightly)
3&4 Bring heels in, toes in, heels together

APPLEJACKS LEFT-RIGHT-LEFT-RIGHT

1& Swivel left toe to left, swivel right heel to left, return left toe & right heel to neutral
2& Swivel right toe to right, swivel left heel to right, return right toe & left heel to neutral
3& Swivel left toe to left, swivel right heel to left, return left toe & right heel to neutral
4& Swivel right toe to right, swivel left heel to right, return right toe & left heel to neutral

SIDE TOUCHES & HOLD/CLAP

1&2 Touch right toe to right side, jump onto right & touch left to left side
&3-4 Jump onto left & touch right to right side

SIDE TOUCHES & HOLD/CLAP

&1& Jump onto right foot & touch left toe to left, jump onto left
2&3-4 Touch right toe to right side, jump onto right foot & touch left toe to left, & hold & clap

CROSS & TURN ½ turn RIGHT, JUMP & CLAP

1-2 Cross left over right foot turning ½ turn right
3-4 Jump forward on both feet & clap

SLAP THIGHS DOWN, SLAP THIGHS UP, CLAP & TURN ¼ turn LEFT WHILE SLAPPING RIGHT FOOT

1-2-3 Slap thighs downward motion, slap thighs upward motion, clap

4 Turning $\frac{1}{4}$ turn left with weight on left foot swing right foot out to right side & slap with right hand

FORWARD LOCK, STEP FORWARD, HITCH & TURN $\frac{1}{2}$ turn RIGHT

1-2 Step forward on right foot, step left up behind right foot

3-4 Step forward on right while turning $\frac{1}{2}$ turn right & hitch left knee

FORWARD LOCK, STEP FORWARD, HITCH & TURN $\frac{1}{4}$ turn LEFT

1-2 Step forward on left foot, step right behind left foot

3-4 Step forward on left foot while turning $\frac{1}{4}$ turn left & hitch right knee

REPEAT
