

Dance With Me

拍數: 84 牆數: 1 級數:
編舞者: Betty Clarke (CAN)
音樂: Would You Still Dance - Cactus Pricks



CHARLESTON, TWO ¼ TURNS LEFT, HIP PUSHES

1&2& Touch right foot forward, hold, step back unto right foot, hold
3&4& Touch left foot back, hold, step forward onto left foot, hold
5&6& Touch right foot forward, turn ¼ left, touch right foot forward, turn ¼ left (facing back wall)
7&8 Step right, pushing hips right-left-right

CHARLESTON, TWO ¼ TURNS RIGHT, HIP PUSHES

1&2& Touch left foot forward, hold, step back onto left foot, hold
3&4& Touch right foot back, hold, step forward onto right foot, hold
5&6& Touch left foot forward, turn ¼ turn right, touch left foot forward, turn ¼ right (facing front wall)
7&8 Step left, pushing hips left-right-left

SWAYS, CROSS-SIDE-CROSS

1-2 Step to the right and sway right, shift weight and sway
3&4 Cross right over left, i- step to the side: cross right over left
5-6 Step to the left and sway left, shift weight and sway right
7&8 Cross left over right, right step to the side: cross left over right

HEEL BALL CROSS, STEP, HEEL, TOE DROP, STEP (TWICE), STEP, HEEL, TOE DROP, TOUCH

1&2 Touch right heel forward, step right foot back, cross left over right
&3&4 Step right in place, touch left heel forward 45 degrees right, drop toe, step right beside left
&5&6 Step left in place, touch right heel forward 45 degrees right, drop toe, step left beside right
&7&8 Step right in place, touch left heel forward 45 degrees left, drop toe, touch right beside left

HEEL/LIFT SLAP, ¼ LEFT, SLAP, COASTER STEP, KICK BALL CHANGES, ¼ RIGHT

1& Touch right heel forward, lift & slap inside of heel
2 Turn ¼ left on ball of left foot while slapping outside of right heel
3&4 Step back onto right foot, step left beside right, step forward onto right
5&6 Kick left foot forward, step left in place, step forward onto right
7&8 Kick left foot forward, step left in place, turn ¼ right stepping forward onto right

HEEL/LIFT SLAP, ¼ RIGHT, SLAP, COASTER STEP, KICK-BALL CHANGES, ¼ LEFT

1& Touch left heel forward, lift & slap inside of heel
2 Turn ¼ right on ball of right foot while slapping outside of left heel
3&4 Step back onto left foot, step right beside left, step forward onto left
5&6 Kick right foot forward, step right in place, step forward onto left
7&8 Kick right foot forward, step right in place, turn ¼ left stepping forward onto left

CROSS-SIDE-CROSS, GRAPEVINE, SCOOT, STOMPS

1&2 Cross right over left, left step to the side, cross right over left
&3&4 Left step to side, cross right behind left, left step to side, cross right over left
&5&6 Scoot forward on right foot, stomp in place left-right-left
&7&8 Scoot back on left foot, stomp in place right-left-right

CROSS-SIDE-CROSS, GRAPEVINE, SCOOT, STOMPS, ¼ TURN RIGHT

1&2 Cross left over right, right step to side, cross left over right

- &3&4 Right step to side, cross left behind right, right step to side, cross left over right
- &5&6 Scoot forward on left foot, stomp in place right-left-right
- &7&8 Scoot back on right foot, stomp left beside right, turn ¼ right stomping right, stomp left beside right

STEP-LOCK-STEPS, BRUSHES, ROCKS, CHA-CHA TURN ½ RIGHT

- 1& Right foot step forward 45 degrees right, lock left foot up beside outside of right
- 2& Right foot step forward 45 degrees right, brush left foot forward
- 3& Left foot step forward 45 degrees left, lock right foot up beside outside right
- 4& Left foot step forward 45 degrees left, brush right foot forward
- 5-6 Rock forward onto right foot, rock back onto left foot
- 7&8 Cha, cha, cha in place (right-left-right) turning ½ right

STEP-LOCK-STEPS, BRUSHES, ROCKS, CHA-CHA TURN ¼ LEFT

- 1& Left foot step forward 45 degrees left, lock right foot up beside outside left
- 2& Left foot step forward 45 degrees left, brush right foot forward
- 3& Right foot step forward 45 degrees right, lock left foot up beside outside right
- 4& Right foot step forward 45 degrees right, brush left foot forward
- 5-6 Rock forward onto left foot, rock back onto right foot
- 7&8 Cha, cha, cha in place (left-right-left) turning ¼ left (facing back wall)

HEEL, STEP (TURNING ½ LEFT) HEEL, STEP, TOE, CLAPS

- 1& Touch right heel forward, step right in place turning ½ left on ball of right foot
- 2& Touch left heel forward, step left in place
- 3&4 Touch right toe back, clap, clap (facing front wall)

REPEAT

TAG

After walls 2 and 3

RUN, RUN, RUN, SCOOT/HITCH, STOMP CLAPS, ½, TURN RIGHT

Counts 1-4 are moving forward

- 1&2& Step right-left-right, scoot on right while hitching left
- 3&4& Step left-right-left, scoot on left while hitching right
- 5&6& Stomp right forward, clap, stomp left forward, clap
- 7-8 Touch right to side, turn 112 right on ball of left foot, step right beside left

RUN, RUN, RUN, SCOUT/HITCH, STOMP CLAPS, ½ TURN LEFT

Counts 1-4 are moving forward

- 1&2& Step left-right-left, scoot on left while hitching right
 - 3&4& Step right-left-right, scoot on right while hitching left
 - 5&5& Stomp left foot forward, clap, stomp right forward, clap
 - 7-8 Touch left to side, turn ½ left on ball of right foot, step left beside right (facing front wall)
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