

Dance Tonight

拍數: 32 牆數: 4 級數: Improver
編舞者: Harry Seddon (UK)
音樂: Dance Tonight - Paul McCartney



SCISSOR CROSS, SIDE, HEEL DIG TWICE, STOMP IN PLACE X 3, TWO ½ TWISTS

1&2 Step right to side, step left together, cross right over left
3&4 Step left to side, touch right heel diagonally forward, cross/touch right heel over left
5&6 Stomp right in place, stomp left in place, stomp right in place, left, right in place

i.e. Stomp right across left, stomp left behind right, stomp right across left

7-8 Swivel both heels to right, swivel both heels to left

The heel swivels make a ½ twist to left and then a ½ twist to right. End with feet crossed, weight on right

SIDE, BEHIND, ¼ TURN, STEP, ½, STEP, THREE ½ TURNS, COASTER STEP

1&2 Step left to side, cross right behind left, turn ¼ left and step left forward
3&4 Step right forward, turn ½ left (weight to left), step right forward
5&6 Turn ½ right and step left back, turn ½ right and step right forward, turn ½ right and step left back
7&8 Step right back, step left together, step right forward

Restart here during wall 3, after adding an '&' count to step left together

STEP FORWARD, ¼ TURN, CONTINUOUS SAILOR STEPS, FORWARD LOCKING SHUFFLE

1-2 Step left forward, turn ¼ left and step right to side
3&4 Cross left behind right, step right to side, step left to side
&5& Cross right behind left, step left to side, step right to side
6 Step left to side
7&8 Step right forward, lock left behind right, step right forward

FORWARD MAMBO ½ TURN, FORWARD MAMBO ¼ TURN, STEP ½ TURN TWICE, FORWARD COASTER STEP

1&2 Rock left forward, recover onto right, turn ½ left and step left forward
3&4 Rock right forward, recover onto left, turn ¼ right and step right forward
5&6& Step left forward, turn ½ right (weight to right), step left forward, turn ½ right (weight to right)
7&8 Step left forward, step right together, step left back

REPEAT