

Dance Some

拍數: 48 牆數: 2 級數:
編舞者: Lana Harvey (USA)
音樂: I Wasn't Ready for You - Ricochet



WALK AND KICK

- 1-3 Walk forward 3 steps: right, left, right.
- 4 Kick left foot forward.
- 5-7 Walk back 3 steps: left, right, left.
- 8 Kick right foot forward.

RIGHT VINE, ¼ TURN TO THE RIGHT, KICK AND TOUCH, STEP SCUFF

- 9 Step to right side with right foot.
- 10 Cross left foot behind right foot.
- 11 Step to right side with right foot making a ¼ turn to the right.
- 12 Close left foot next to right foot.
- 13 Kick right foot forward.
- & Step in place on right foot lifting left off ground.
- 14 Touch left toe back.
- 15 Step forward on left foot.
- 16 Scuff right heel forward

RIGHT VINE, FRONT CROSS, ¼, ½, ½ TURNS TO THE RIGHT

- 17 Step to right side with right foot.
- 18 Cross left foot behind right foot.
- 19 Step to right side with right foot.
- 20 Cross left foot in front of right foot.
- 21 Step to right side with right foot making a ¼ turn to the right. You are facing rear.
- 22 Pivoting ½ turn to the right on ball of right foot, step back on left foot to original wall.
- 23 Pivoting ½ turn to the right on ball of left foot, step forward on right foot, facing rear.
- 24 Close left foot to right foot.

ROCK TURNS, ROCK BACK, FORWARD.

- 25 Point right toe to right side and rock hips and weight right.
- 26 Rock back over left foot and pivot ¼ turn to the left on ball of left foot.
- 27-28 Repeat 25-26
- 29 Point right toe to right and rock hips and weight right.
- 30 Rock back over left foot.
- 31 Rock straight back on right foot.
- 32 Rock forward onto left foot. (29-32 you are facing original wall)

WIGGLE WALKS

- 33&34 Step forward on right foot pushing hips to right. Leave foot flat on floor and push hips left and then right. (hips done in same rhythm as shuffle step.)
- 35&36 Step forward on left foot pushing hips to left. Leave foot flat on floor and push hips right and then left.
- 37&38 Repeat 33&34.
- 39&40 Repeat 35&36.

KICK BALL CHANGE, KICK BALL CROSS, ROCKS, ½ PIVOT TO THE LEFT

- 41 Kick right foot forward.

- & Step down on ball of right foot lifting left off ground.
- 42 Step down on left foot.
- 43 Kick right foot forward.
- & Step down on ball of right foot lifting left off ground.
- 44 Cross left foot in front of right foot.
- 45 Rock straight back on right foot.
- 46 Rock forward onto left foot.
- 47 Put right toe forward.
- 48 Pivot $\frac{1}{2}$ turn to the left on ball of left foot.

REPEAT
