

Dance Quint

拍數: 96 牆數: 4 級數: Improver
編舞者: Pam Ebner
音樂: I Wasn't Fooling Around - George Strait



JAZZ BOX

1-4 Cross right over left, step back on left, step right to right side, step left next to right
5-8 Cross right over left, step back on left, turn ¼ right and step right foot to side, step left next to right
9-32 Repeat three more times (32 counts in all)

SLOW RIGHT SHUFFLE FORWARD, TOUCH LEFT HOME, SLOW LEFT SHUFFLE FORWARD, TOUCH RIGHT HOME

1-4 Step forward with right, step together with left, step forward with right, touch left next to right
5-8 Step forward left, step together with right, step forward left, touch right next to left

RIGHT SHUFFLE BACK, TOUCH LEFT HOME; LEFT SHUFFLE BACK, TOUCH RIGHT HOME

1-2-3-4 Shuffle back stepping right, left, right, touch left next to right
5-8 Step back with left, step together with right, step back with left, touch right next to left

RIGHT KICK BALL CHANGE, STEP TOUCH

1&2 Kick right foot forward, step down on the ball of right foot, step left foot in place
3-4 Step right foot in place, touch left foot next to right

LEFT KICK BALL CHANGE, STEP TOUCH

5&6 Kick left foot forward, step the ball of left foot, step right foot in place
7-8 Step left foot in place, touch right foot next to left

1-8 Repeat previous 8 counts

SLOW FORWARD COASTER STEP, HOLD

1-2-3-4 Step forward on right, step left next to right, step back on right, hold

SLOW BACK COASTER STEP, HOLD

5-6-7-8 Step back on left, bring left next to right, step forward on left, hold

1-8 Repeat previous 8 counts

RIGHT MAMBO STEP

1-4 Rock right to right side, recover on left, step right next to left, hold

LEFT MAMBO

5-8 Rock left to left side, recover on right, step left next to right, hold

FORWARD MAMBO

1-4 Rock forward on right, recover on left, step left next to right, hold

BACK MAMBO

5-8 Rock back on left, recover on right, step left next to right, hold

REPEAT

