Dance Mode



拍數: 40 牆數: 4 級數: Intermediate

編舞者: Judy Lee (USA)

音樂: Don't Be Stupid (You Know I Love You) - Shania Twain



SYNCOPATED JUMPS FORWARD AND BACK

&1-2 Jump forward onto right foot and step left next to right and clap

&3-4 Jump backward onto right foot and step left next to right and clap

SAILOR STEPS

Cross right foot behind left foot and step, step left foot to left side, step right foot to right side
Cross left foot behind right foot and step, step right foot to right side, step left foot to left side

SYNCOPATED HEEL JACKS

&9 Step right foot back at 45 degree angle to right, tap left heel forward at 45 degree angle to left

&10 Step left foot back to center, step right foot next to left foot

&11 Step left foot back at 45 degree angle to left, tap right heel forward at 45 degree angle to right

&12 Step right foot back to center, step left foot next to right foot

VINE WITH 1/4 TURN RIGHT, LEFT VINE WITH HITCH

Step right foot to right side, step left foot behind right, step ¼ turn right, hitch left knee Step left foot to left side, step right foot behind left, step left foot to left, hitch right knee

FORWARD KICKS, SIDE KICKS, COASTER STEPS

21 Kick right foot forward

22 Kick right foot out to right side

Step right foot forward, step left foot next to right, step right foot back

25 Kick left foot forward

26 Kick left foot out to left side

27&28 Step left foot back, step right foot next to left, step left foot forward

HEEL AND TOE TWISTS

29-32 Twist both heels to left side, twist both toes to left side, twist both heels to left side, twist both

toes to left side

33-36 Twist both toes to right side, twist both heels to right side, twist both toes to right side, twist

both heels back to center

SAILOR STEPS

Cross right foot behind left foot and step, step left foot to left side, step right foot to right side
Cross left foot behind right foot and step, step right foot to right side, step left foot to left side

REPEAT