

Dance Little Ones

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Joseph Yip (SG)
音樂: Dance 'Lil Lady - Tina Charles



Sequence: Alternate all the way the 48 counts with first 32 counts, as chorus of song is only 32 counts. I.e. 48,32,48,32,48 and so on.

TURN, ROCK, SAILOR STEP, TURN, ROCK SAILOR STEP

1-2 Step left ½ turn left, rock right onto right
3&4 Step left behind right, step right to the right, step left forward
5-6 Step right ½ turn right, rock left onto left
7&8 Step right behind left, step left to the left, step right forward

CROSS, &, CROSS, & CROSS, TOUCH, BEHIND, SIDE, CROSS, TOUCH, HOOK ¼ TURN

1&2 Step left across right, step right to right, step left across right
&3-4 Step right to right, step left across right, touch right to the right
5&6 Step right behind left, step left to left, step right across front of left
7-8 Touch left touch to left, left hook turn ¼ left across right

LEFT MAMBO, RIGHT MAMBO, FORWARD MAMBO, SHUFFLE BACK

1&2 Step left to left, step right in place, step left beside right
3&4 Step right to right, step left in place, step right beside left
5&6 Step forward left, step right in place, step left beside right
7&8 Step back right, lock left front of right, step back on right

¼ TURN, SHUFFLE, ½ TURN, SHUFFLE, ¼ TURN SHUFFLE, ½ TURN, SHUFFLE

1&2 On ball of right pivot ¼ turn left and shuffle forward left, right, left
3&4 On ball of left pivot ½ turn right and shuffle forward right, left, right
5&6 On ball of right pivot ¼ turn left and shuffle forward left, right, left
7&8 On ball of left pivot ½ turn right and shuffle forward right, left, right

LEFT MAMBO, RIGHT MAMBO, FORWARD MAMBO, SHUFFLE BACK

1&2 Step left to left, step right in place, step left beside right
3&4 Step right to right, step left in place, step right beside left
5&6 Step forward left, step right in place, step left beside right
7&8 Step back right, lock left front of right, step back on right

FULL LEFT TURN (TRAVELING BACK), LEFT COASTER, STEP, STOMP

1-2 Step back left on ball of right ½ turn left, hold (option -click fingers)
3-4 Step back right turning on ball of left ½ turn left, hold (option -click fingers)
5-6 Step back left, step right beside left, step left forward
7&8 Step forward right, stomp left beside right

REPEAT