

# Dance Like This

拍數: 56      牆數: 4      級數: Intermediate  
編舞者: Martina Löfgren  
音樂: Hips Don't Lie - Shakira



## SKATE TWICE, SHUFFLE FORWARD RIGHT, HIPS BUMPS FORWARD LEFT, CHASSE LEFT

1-2            Skate forward on right, skate forward on left  
3&4           Step right forward, close left beside right, step right forward  
5-6           Step forward left bumping hips - left, right  
7&8           Step left to left side, close right beside left, step left to left side

## ROCK FORWARD RIGHT, RECOVER, SAILOR STEP RIGHT, ROCK FORWARD LEFT, RECOVER, COASTER LEFT WITH ¼ TURN

1-2            Rock right forward, rock back onto left  
3&4           Cross right behind left, step left to left side, step right to place  
5-6           Rock left forward, rock back onto right  
7&8           Step back on left making a ¼ turn left, close right beside left, step left forward

## CROSS STEP RIGHT, FLICK, MAMBO STEP, CROSS STEP RIGHT, KICK FORWARD LEFT, COASTER STEP LEFT

1-2            Cross right over left, flick left heel to left side  
3&4           Rock left forward, recover on right, step left beside right  
5-6           Cross right behind left, kick left forward  
7&8           Step back on left, close right beside, step forward on left

## CROSS AND UNWIND ½ LEFT, SHUFFLE FORWARD RIGHT, KICK FORWARD LEFT, STOMP RIGHT, HIP BUMPS FORWARD RIGHT

1-2            Cross right over left, unwind ½ turn left  
3&4           Step right forward, close left beside right, step right forward  
5-6           Kick left forward, stomp left beside right  
7&8           Step forward right, bumping hips - right, left, right

## KICK FORWARD LEFT, HITCH ¼ TURN LEFT, CROSS SHUFFLE RIGHT, ROCK RIGHT, RECOVER, SAILOR STEP RIGHT

1-2            Kick left forward, hitch left knee up making a ¼ turn left  
3&4           Cross left over right, step right to right side, cross left over right  
5-6           Rock right to right side, rock back onto left  
7&8           Cross right behind left, step left to left side, step right to place

## TOUCH, HEEL, TRIPLE STEP LEFT, LONG STEP RIGHT, SLIDE, TOUCH, HEEL, FLICK

1-2            Touch left toe beside right turning left knee in, touch left heel forward  
3&4           Triple step in place, stepping - left, right, left  
5-6           Step right to the right, slide left beside right  
7&8           Touch left toe beside right turning left knee in, touch left heel forward, flick left heel to left side

## FULL TURN, MAMBO STEP, SLIDE TWICE, TOUCH, HEEL, FLICK WITH ¼ TURN

1-2            Make ½ turn right stepping left back, make ½ turn right stepping right forward  
3&4           Rock left forward, recover on right, step left beside right  
5-6           Slide back on right, slide back on left  
7&8           Touch right toe beside right turning right knee in, touch right heel forward, flick right heel to right side making a ¼ turn left

REPEAT

---