

Dance!-If Yauntto

COPPER KNOB
BY STEPHEN

拍數: 40 牆數: 4 級數: Improver
編舞者: Ed White (USA)
音樂: (Everything I Do) Got to Be Funky - Maurice John Vaughn



When dancing to Road Runner, start 8 counts after "beep beep"

KNEE, BALL, CHANGE, STEP, KICK, HIP BUMPS, SWIVET

- 1&2 Hitch right knee bringing it to left knee, quickly step on the ball of the right foot, step left foot in place
- 3-4 Step right foot to the right, kick left foot across in front of right
- 5&6 Step left foot to the left as you bump hips left, quickly bump hips right, bump hips left
- 7-8 With weight on right heel and left toes twist toes $\frac{1}{4}$ turn to the right, twist toes $\frac{1}{4}$ turn to left (swivet)-weight should be on left

TOE STRUTS BACK, $\frac{1}{2}$ RIGHT WITH SHUFFLE FORWARD, SHUFFLE FORWARD

- 1-2 Touch right toe back, step down on right foot
- 3-4 Touch left toe back, step down on left foot
- 5&6 Turn $\frac{1}{2}$ right as you shuffle forward stepping, right, left, right
- 7&8 Shuffle forward stepping, left, right, left

STOMP RIGHT, STOMP LEFT, SYNCOPATED SWIVETS WITH $\frac{1}{4}$ RIGHT, SUGAR FOOT

- 1-2 Stomp right foot forward and slightly right, stomp left foot to left of right foot (feet should be shoulder width apart) as you do stomps for styling, put right hand on right hip and left hand on left hip---attitude!
- 3&4 With weight on right heel and left toes, twist toes $\frac{1}{4}$ turn right, quickly twist toes $\frac{1}{4}$ turn left, turning body with toes this time twist $\frac{1}{4}$ turn right (weight should be on left toes & right heel)
- 5-6 (right toes are still up from swivet) on count 5 step down on right foot, on count 6 touch left toe beside right foot
- 7-8 Touch left heel beside right foot, cross left foot in front of and to the right of right foot with weight to left foot

STEP, SLIDE, STEP, TOUCH, $\frac{1}{2}$ LEFT, $\frac{1}{2}$ LEFT, $\frac{1}{4}$ LEFT & SHUFFLE FORWARD

- 1-2 Step right foot to right, slide left foot to right foot taking weight on left foot
- 3-4 Step right foot to right, slide left foot to right foot with a touch (weight remains on right foot)
- 5-6 Step on left foot as you pivot $\frac{1}{2}$ turn left, step on right foot as you pivot $\frac{1}{2}$ turn left (option: step left foot to left, slide right foot to left taking weight on right foot)
- 7&8 Turn $\frac{1}{4}$ left and shuffle forward stepping left, right, left

THREE SCUFF, STEPS WITH $\frac{1}{4}$ TURNS, STOMP, HOLD

- 1-2 Scuff right foot turning $\frac{1}{4}$ to left, step on right foot
- 3-4 Scuff left foot turning $\frac{1}{4}$ to left, step on left foot
- 5-6 Scuff right foot turning $\frac{1}{4}$ to left, step on right foot
- 7-8 Stomp left foot left, hold-lots of attitude here-look to the left or maybe throw both hands out to the sides-the safe sign or both-imagination!!

REPEAT