Dance For Nikki



拍數: 0 牆數: 2 級數: Improver

編舞者: Andrew Singmin (CAN) 音樂: Go West - Brooks & Dunn



Sequence: AA, BB, AB, BBBB

PART A

TAP, HOLD, KICK, CROSS, HOLD, SIDE ROCK

1-2-3-4 Tap right foot and hold, kick right forward, recover next to left

5-6-7-8 Cross left foot over right and hold, rock to right on right foot, recover on left foot

BEHIND-CROSS, HOLD, STEP, TAP, TOUCH, SWEEP-TAPS

9-10-11-12 Cross right foot behind left and hold, step to left side on left foot, tap right foot next to left 13-14-15-16 Touch right foot to far right and tap 4 times in sweeping arc to end behind left foot

PART B

WALK, SLIDE, STEP, 'ANGEL-SWEEP, WALK (X3), TAP

1-2-3-4 Step forward on right foot, slide left up to right with body angled 1/4 turn to left, step on right foot, fast ½ pivot right on right foot, with both knees bent deep, left foot sweeps off the ground

Walk back on alternating left-right-left foot, tap right foot next to left

5-6-7-8

9-16 Repeat counts 1-8

ROCK STEP, COASTER STEP, WALK (X3), CURTSY-TAP

Rock forward on right foot, recover back on left foot, step back on right foot, step back on left 17-18-19&20 foot (placed next to right), step forward on right foot

21-22-23-24 Walk forward on alternating left-right-left foot, tap right foot to far left behind left foot with deep knee bend (curtsy)

BACK-WALK (TWICE), COASTER STEP, STEP-TURN (TWICE)

25-26-27&28 Walk back on alternating right-left foot, step back on right foot, step back on left foot (placed next to right), step forward on right foot

Step forward on left foot, make ½ turn right, step forward on left foot, make ½ turn right 29-30-31-32

SUZIE Q (X4)

33&34-35&36 Cross and step (in place) left over right, step back on right (in place), step on left (in place),

switch direction and cross and step (as above) right over left, step back on left, step on right

37-40 Repeat counts 33-36

FORWARD ROCK, SHUFFLE BACK, BACK-WALK (TWICE), RIGHT COASTER STEP

41-42-43&44 Rock forward on left foot, recover back on right foot, shuffle back left, right, left

45-46-47&48 Walk back on alternating right-left foot, step back on right foot, step back on left foot (placed

next to right), step forward on right foot

TOUCH, TOUCH, TURN, TAP

49-50-51-52 Touch left foot forward, touch left foot behind pivot ½ turn left on left foot, tap right foot behind