

Dance For Ma (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Linda Chester (UK) & Colin Chester (UK)
音樂: Tell Me Ma - Sham Rock



Position: Start in sweetheart position, both using same footwork

HEEL HOOK, HEEL HOOK, FORWARD HOOK, BACK HITCH

1-2 Right heel touch forward, hook right foot up across front of left shin
3-4 Right heel touch forward, hook right foot up across front of left shin
5-6 Right foot step forward, hook left foot behind right (lean slightly forward)
7-8 Left foot step back, hitch right knee, (lean slightly back)

STEP PIVOT, STEP PIVOT, SHUFFLES

9-10 Right foot step forward(drop right hands, raise left) pivot ½ turn left
11-12 Right foot step forward pivot ½ turn left
13&14 (Re-join hands) right shuffle forward right, left, right
15&16 Left shuffle forward

STEP, STOMP, SWIVET LEFT

17-18 Right foot step forward, left foot stomp beside right
19 With weight on left heel & ball of right foot, shift left toes to left & right heel to right
20 Return both feet to center position

GRAPEVINE LEFT, GRAPEVINE RIGHT WITH ¼ TURN

21-22 Left foot step to left side, right foot cross behind left
23-24 Left foot step to left side, right foot touch beside left

LADY: ROLLING VINE LEFT

25-26 Drop left hands raise right, turn a full turn to left on left, right, left touch right beside left (re-join hands) right foot step to right side, left foot cross behind right
27-28 Right foot step to right making ¼ turn right, left touch beside right

Now both facing OLOD. Man behind the lady. Hands joined over shoulders

GRAPEVINE LEFT, GRAPEVINE RIGHT WITH ¼ TURN

29-30 Left foot step to left side, right foot cross behind left
31-32 Left foot step to left side, right foot touch beside right

LADY: ROLLING VINE LEFT

33-34 Drop left hands, raise right, turn full turn to left on left, right, left touch right beside left (re-join hands) right foot step to right side, left foot cross behind right
35-36 Right foot step to right making ¼ turn right, left scuff beside right

STEP PIVOTS, SHUFFLES

37-38 Left foot step forward (drop left hands raise right) pivot ½ turn right
39-40 (Re-join hands) left shuffle forward left, right, left
41&42 Right shuffle forward, right, left, right

STEP, SCUFF, SHUFFLES

43-44 Left foot step forward, right foot scuff beside left
45&46 Right shuffle forward, right, left, right
47&48 Left shuffle forward, left, right, left

REPEAT
