

# Dance For Life

**COPPER** KNOB  
BY STEPHEN

拍數: 64      牆數: 4      級數: Intermediate/Advanced  
編舞者: Robin Sin (SG)  
音樂: What a Feeling - DJ Bobo & Irene Cara



## **KICK & POINT, PIVOT ½ TURN LEFT, STEP FORWARD, SHUFFLE FORWARD, PIVOT ½ TURN LEFT**

1&2      Kick right foot forward, step right foot beside left foot, touch left toe back  
3      Pivot ½ turn left, weight on left foot  
4      Step right foot forward  
5&6      Shuffle forward on left-right-left  
7-8      Step forward on right foot, pivot ½ turn left, weight on left foot

## **PIVOT ½ TURN RIGHT, FORWARD COASTER, ½ TURN RIGHT, FULL TURN FORWARD, BUMP HIPS**

1      Pivot ½ turn right, weight on right foot  
2&3      Step forward on left foot, step right foot beside left foot, step back on left foot  
4      ½ turn right on the ball of left foot and step forward on right foot  
5-6      ½ turn right and step back on left foot, ½ turn right and step forward on right foot  
7&8      Bump hips diagonally forward left on left-right-left

## **KICK & POINT, PIVOT ½ TURN LEFT, STEP FORWARD, SHUFFLE FORWARD, PIVOT ½ TURN LEFT**

1&2      Kick right foot forward, step right foot beside left foot, touch left toe back  
3      Pivot ½ turn left, weight on left foot  
4      Step right foot forward  
5&6      Shuffle forward on left-right-left  
7-8      Step forward on right foot, pivot ½ turn left, weight on left foot

## **PIVOT ½ TURN RIGHT, FORWARD COASTER, ½ TURN RIGHT, FULL TURN FORWARD, BUMP HIPS**

1      Pivot ½ turn right, weight on right foot  
2&3      Step forward on left foot, step right foot beside left foot, step back on left foot  
4      ½ turn right on the ball of left foot and step forward on right foot  
5-6      ½ turn right and step back on left foot, ½ turn right and step forward on right foot  
7&8      Bump hips diagonally forward left on left-right-left

## **FULL TURN RIGHT TOES TOUCHES, CROSS SHUFFLE, SIDE ROCK**

1&2&      On the ball left foot, touch right toes to the side turning a ¼ turn left, hitch right knee slightly towards left shin, repeat  
3&4&      Repeat 1&2& finished with a full turn left  
5&6      Cross right foot over left foot, step left foot to the side, cross right foot over left foot  
7-8      Step/rock left to the side, recover weight on right foot

## **FULL TURN LEFT TOES TOUCHES, CROSS SHUFFLE, SIDE ROCK**

1&2&      On the ball right foot, touch left toes to the side turning a ¼ turn right, hitch left knee slightly towards right shin, repeat  
3&4&      Repeat 1&2& finished with a full turn left  
5&6      Cross left foot over right foot, step right foot to the side, cross left foot over right foot  
7-8      Step/rock right to the side, recover weight on left foot

## **RIGHT HEEL FORWARD, HOOK & SCOOT BACK, COASTER STEPS, LEFT HEEL FORWARD, HOOK & SCOOT, COASTER STEP**

1-2      Touch right heel forward, hook right heel beside left shin while scooting back on left foot  
3&4      Step back on right foot, step left foot beside right foot, step forward on right foot  
5-6      Touch left heel forward, hook left heel beside right shin while scooting back on right foot

7&8 Step back on left foot, step right foot beside left foot, step forward on left foot

**¼ TURN RIGHT, FORWARD SHUFFLE, PIVOT ½ TURN RIGHT, SYNCOPATED STEPS FORWARD, 2X CLAPS**

1-2 ¼ turn right, shuffle forward on right-left right

3-4 Step forward on left foot, pivot ½ turn right, weight on right foot

5&6&7 Step left foot forward, step right foot behind left foot, step left foot forward, step right foot behind left foot, step left foot forward

&8 Two claps

**REPEAT**

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