

# Dance And Shout

COPPERKNOB  
BY STEPHENETS

拍數: 48      牆數: 2      級數: Intermediate/Advanced  
編舞者: Brian Barakauskas (USA), Markus Raus (DE) & Steffen Raus (DE)  
音樂: Dance & Shout - Shaggy



- 1-2      Touch left foot forward, touch left foot back  
3&4      Triple forward---left, right, left  
5&6      Step forward on right foot, turn ½ to left with weight ending on left foot, step forward on right foot  
7-8      Sweep left foot (ronde), turn ½ to right finish with left foot next to right foot
- 1&2      Triple to left--left, right, left  
3-4      Rock back---right, left  
5&6&      Kick right foot forward, step right foot next to left foot, kick left foot forward, step left foot next to right foot  
7-8      Touch right foot forward, roll hips to the right
- 1&2      Kick right foot forward, step right foot next to left foot, step left foot slightly left  
3&4      Circle right foot behind left foot, step slightly back on right foot, touch left toe in front of right foot  
5&6      Triple forward---left, right, left  
7-8      Kick right foot forward, touch right foot back
- 1-2      Roll right shoulder back making ½ turn to right with weight finishing on left foot  
3-4      Walk forward---right, left  
5-6      Step forward on ball of right foot, push left foot back (no weight) while lowering right heel  
7-8      Step on ball of left foot next to right foot, push right foot back (no weight) while lowering left heel
- 1-2      Step right foot forward, pivot ¼ turn to right  
3&4      Rock forward on left foot, replace weight on right foot, touch left toe next to right foot pushing hips back  
&5-6      Step to left side with left foot, step to right side with right foot, drop right knee inward  
7&8      Bounce right heel 3 times making ¼ turn to right with weight ending on right foot
- 1&2      Kick left foot forward, step left foot next to right foot, step right foot slightly forward  
3&4      Kick left foot forward, step left foot next to right foot, step right foot slightly forward  
&5&6      Pivot ½ turn to right, step back on left foot, pivot ½ turn to right, step forward on right foot  
7-8      Step forward on left foot, make ½ turn to right finishing with weight on right foot

**REPEAT**

---