

# Dance

拍數: 32      牆數: 4      級數:  
編舞者: Scott Blevins (USA)  
音樂: Music - Madonna



- 1-2 Step slightly to right side on right foot; bump right hip to right side  
3-4-5 Take weight on to left foot; make ½ turn to left; using right foot to push lightly, complete another ½ turn to left, touching right toe to right side  
&6-7-8 Step right foot to center; touch left toe to left side; point left toe across and in front of right foot; touch left toe to left side
- 1-2 Touch left foot across and in front of right foot (thighs touching); make a full turn to the right keeping weight on right foot (left foot should be across and behind right foot now)  
3-4 Touch left foot to left side; touch left foot next to right foot  
5&6 Tap left toe while moving foot gradually to left on 5 &; step (press) left foot slightly to left  
7-8 Shift weight to right, while circling right knee to the right; shift weight to left, while circling left knee to the left
- &1-2 Step right foot to center; cross left foot in front of right (with some weight); make a full turn to the right on right foot (unwind)  
3&4 Rock (step) to left side on left foot; shift (recover) weight to right foot; kick left foot forward  
&5 Step left foot to center; step forward on right foot  
&6 Keeping weight on right foot, make ½ turn left while bumping right hip back; bump right hip back again  
7&8 Take weight on to left foot; keeping weight on left foot, make ½ turn left; touch right toe back while pushing right hip back
- 1&2 Rock (step) forward on right foot; shift weight back (recover) to left foot; step right a shoulder width apart from left foot  
3-4 Grind hips to the left, bumping left hip to left on count 4  
5-6 Make ¼ turn to right, stepping on right foot; step forward on left foot  
7-8 Pivot ½ turn to right, taking weight onto right foot; turn ½ turn right on right foot, drawing left foot next to right foot and taking weight on to left foot

## REPEAT

## TAG

**After completing the first 32 counts of the dance and never again**

### SLOW MOTION MOVEMENT

- 1-2 Cross right foot in front of left foot, taking weight on ball of right foot with heel off floor; lower heel  
3-4 Step left foot to left side, taking weight on ball of left foot with heel off floor; lower heel  
5-6 Make ¼ turn left, stepping right foot to right side, taking weight on ball of right foot with heel off floor; lower heel  
7-8 Step left foot to left side, taking weight on ball of left foot with heel off floor; lower heel
- 1-2 Step right foot forward crossing slightly in front of left foot and hold  
3-4 Step left foot forward crossing slightly in front of right foot and hold  
5-6 Step right foot forward; pivot ½ turn left, taking weight on left foot  
7-8 Make ½ turn left on left foot, stepping back on right foot; step left foot back on count 8

**After you complete this 16 counts, you will be facing the beginning wall and begin dance again**

