

# Dance

拍數: 0                      牆數: 2                      級數: Intermediate  
編舞者: Sue MacFarlane (CAN)  
音樂: Let's Dance - Five



Sequence: ABAABAAAABAAA

## PART A

### HOP RIGHT, HOP LEFT, HOP RIGHT, HOP RIGHT, SIDE, BEHIND, TRIPLE STEP IN PLACE

1&2                      Step right to the right, touch left toes beside right, step left to the left, touch right toes beside left  
3&4                      Step right to the right, step left beside right, step right to the right, touch left toes beside right  
5-6                      Step left to the left, step right behind left  
7&8                      Step left to the left, step right beside left, step left in place

### ROCK & STEP, SCUFF, ROCK & STEP, SCUFF, HEEL, TOE, FULL TURN RIGHT

1&2&                      Step right slightly forward, recover weight on the left, recover weight on the right, scuff left foot forward  
3&4&                      Step left slightly forward, recover weight on the right, recover weight on the left, scuff right foot forward  
5-6                      Touch right heel forward, cross touch right toes behind left  
7-8                      Pivot a full turn right on left (weight ending on the left foot)

### ROCK & STEP, SCUFF, ROCK & STEP, WALK, WALK, COASTER STEP

1&2&                      Step right slightly forward, recover weight on the left, recover weight on the right, scuff left foot forward  
3&4&                      Step left slightly forward, recover weight on the right, recover weight on the left, scuff right foot forward  
5-6                      Step forward on the right, step forward on the left  
7&8                      Step back on the right, step left beside right, step forward on the right

### KICK & TOUCH, CROSS, UNWIND, SHUFFLE SIDE, ROCK BACK, RECOVER

1&2                      Kick left forward, step left beside, right, touch right toes to the right  
3-4                      Cross right over left, unwind ½ turn left keeping weight on the right  
5&6                      Step left to the side, step right beside left, step left to the side  
7-8                      Cross right behind left, recover weight on the left

## PART B

### BUMP & BUMP, BUMP & BUMP, TOUCH FORWARD, TOUCH BACK, ½ TURN RIGHT, HOLD

1&2                      Touch right toes forward as you bump hips forward, bump hips back, bump hips forward as you step down on the right  
3&4                      Touch left toes forward as you bump hips forward, bump hips back, bump hips forward as you step down on the left  
5-6                      Touch right toes forward, touch right toes behind left  
7-8                      Pivot ½ turn right bringing right beside left, hold

### BUMP & BUMP, BUMP & BUMP, TOUCH FORWARD, TOUCH BACK, ½ TURN LEFT, HOLD

1&2                      Touch left toes forward as you bump hips forward, bump hips back, bump hips forward as you step down on the left  
3&4                      Touch right toes forward as you bump hips forward, bump hips back, bump hips forward as you step down on the right  
5-6                      Touch left toes forward, touch left toes behind left  
7-8                      Pivot ½ turn left bringing left beside right, hold

