

# Dance

拍數: 0                      牆數: 2                      級數: Intermediate  
編舞者: Bryan McWherter (USA)  
音樂: I Hope You Dance - Lee Ann Womack



Sequence: A,A,B,A,A,B,B,A,B,B,B

## PART A:

### KICK, HITCH, STEP, KICK, HITCH, STEP, ROCK, RECOVER, SHUFFLE ½ TURN

1&2                      Kick left foot forward, hook left across right leg, step slightly forward on left  
3&4                      Kick right foot forward, hook right across left leg, step slightly forward on right  
5-6                      Rock forward onto left foot, recover weight back onto right  
7                          Step left foot ¼ turn to the left  
&                          Slide right to meet with left  
8                          Step left foot ¼ turn to the left (now facing the back wall)

### KICK, HITCH, STEP, KICK, HITCH, STEP, ROCK, RECOVER, SHUFFLE ½ TURN

1&2                      Kick right foot forward, hook right across left leg, step slightly forward on right  
3&4                      Kick left foot forward, hook left across right leg, step slightly forward on left  
5-6                      Rock forward onto right foot, recover weight back onto left  
7                          Step right foot ¼ turn to the right  
&                          Slide left to meet with right  
8                          Step right foot ¼ turn to the right (now facing the front wall)

### STEP, ½ TURN, SHUFFLE FORWARD, BRUSH, SWEEP, CHA-CHA IN PLACE

1-2                      Step forward onto left foot, make a ½ turn to the right  
3&4                      Step left foot forward, slide right foot to meet with left, step left foot forward  
5                          Brush your right foot next to your left  
6                          Sweep right out to right sweeping around behind left make a ½ turn to your right  
7&8                      Right step in place, left step next to right, right step in place

### TOE, HEEL, TOE, HEEL, ROCK, RECOVER, ½ TURN LEFT & STEP SIDE & POINT, STEP

1-4                      Touch left toe forward, step down onto left heel, touch right toe forward, step down onto right heel  
5-6                      Rock forward onto left, rock back onto right  
&7                      Quickly turn ½ left & step left to left side(&), point right toe out to right side  
8                          Step right foot next to left. (putting weight on it)

## PART B:

### STEP, DRAG, CROSS, WALK, STEP ½ TURN, SHUFFLE FORWARD

1-2                      Angling body slightly to the right step left foot forward, slide or drag your right foot crossing your left  
3-4                      Step down onto right (still crossing left), step forward left (uncrossing)  
**Styling option: when doing the step drag, & walks run all fingers front to back through hair. For all 4 counts**  
5-6                      Step forward right, make a ½ turn to your left (changing weight forward onto left)  
7&8                      Step right foot forward, slide left foot to meet with right, step right foot forward

### ROCK, RECOVER, SHUFFLE ½ TURN, ROCK RECOVER, MAMBO STEP

1-2                      Rock forward onto left, recover back onto right  
3                          Step left foot ¼ turn to the left  
&                          Slide right to meet with left  
4                          Step left foot ¼ turn to the left (now facing the back wall)

5-6 Rock forward onto right, recover back onto left  
7&8 Rock right foot out to right, recover weight back onto left, step right foot next to left. (putting weight on it)

**EXTRA STYLING HINT**

**For extra style or flair any of the  $\frac{1}{2}$  turn shuffles can be done as a full turn and a half by turning  $\frac{1}{2}$ , 3 times. For example, in Part A, counts 7&8 of the first set of 8 can be done as**

7 Step left foot back turning  $\frac{1}{2}$  left  
& Step right foot forward turning  $\frac{1}{2}$  left  
8 Step left foot back turning  $\frac{1}{2}$  left

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