

Daddy's Chicken

拍數: 64 牆數: 4 級數: Advanced
編舞者: Joanne Clifford-Marsh (NZ)
音樂: 5,6,7,8 I Can't Wait - The Nashville Attitude



1&2& Heel splits, hitch right & replace
3&4& Heel splits, hitch left & replace
5&6 Stomp forward right, left, right with feet shoulder width apart
7&8 Turn both heels inwards, bring toes tog, bring heels tog-hold

ROGER RABBITS (REVERSE RUNNING MAN)

9-12 Scoot forward onto left, stepping right behind, scoot forward onto right, stepping left behind, scoot forward on left, stepping right behind-twist both heels out, in
13-16 Scoot forward onto right, stepping left behind, scoot forward onto left, stepping right behind, scoot forward onto right, stepping left behind-twist heels out, in

BALL JACKS

17&18 Jump back onto left (45 degrees) placing right heel in front, jump bringing feet back together
19&20 Jump back onto right (45 degrees) placing left heel in front, jump bringing feet back together
21-22 Step forward 45 degrees right onto right heel, drag left to meet right
23&24 Drop left shoulder, drop right shoulder, drop left shoulder

25-28 Shuffle forward right-left-right, brush left next to right, scoot forward on right, step left next to right

29-30 Step forward on ball of right & pivot ½ turn left
31&32 Jump, bringing both feet together, jump with both feet apart, jump bringing both feet together
33-34 Paddle turn with right turning ¼ left
35&36 Shuffle forward right-left-right

RUNNING MAN, SWITCHES (TUSH PUSH)

37-40 Push right behind, and step forward onto left, push left behind and step forward onto right (repeat)
41-44 Jump placing left heel 45 degrees forward, jump replacing left heel and placing right heel 45 degrees forward, jump replacing right heel and placing left heel forward, replace left heel

45-48 Heel splits (out-in), shrug shoulders (up-down)
49-52 Cross right over left and unwind ½ turn left, shuffle forward left, right, left

RUNNING MAN

53-56 Push left behind & step forward on right, push right behind and step forward on left (repeat)
57-60 Step forward onto right (45 degrees) pushing hips twice forward, twice back

61-64 Bringing right foot to meet left, turn right palm upwards at shoulder level (both actions done at same time), turn left palm upwards at shoulder level, tilt head to right shoulder, left shoulder, right shoulder (carefully)

REPEAT
