

Dad's Bar

拍數: 96 牆數: 2 級數: Intermediate
編舞者: The Kidz
音樂: Beat Me Daddy, Eight to the Bar - The Dean Brothers



TOE TOUCHES WITH TWIST TWICE

- 1-2 Touch/point right toe forward twisting $\frac{1}{4}$ turn left, touch right to beside left twisting $\frac{1}{4}$ turn right (facing front)
3-4 Touch/point right toe forward twisting $\frac{1}{4}$ turn left, touch right to beside left twisting $\frac{1}{4}$ turn right (facing front)

DWIGHT STEPS (TRAVELING RIGHT)

- 5-6 Touch right toe towards left instep while twisting left heel to right, touch right heel towards left instep while twisting left toes to right
7-8 Touch right toe towards left instep while twisting left heel to right, touch right heel towards left instep while twisting left toes to right

$\frac{1}{2}$ TURN PIVOT LEFT, $\frac{3}{4}$ TURN WITH HOOK, $\frac{1}{4}$ STEP, $\frac{1}{4}$ HITCH, ROCK BACK, ROCK FORWARD

- 1-4 Step forward on right, pivot turn $\frac{1}{2}$ turn left (weight left), step forward on right, turning $\frac{3}{4}$ turn left on ball of right hook left foot under right knee
5-8 Turning $\frac{1}{4}$ turn to left step forward on left, turning a further $\frac{1}{4}$ turn left on ball of left foot hitch right knee, rock/step back on right, rock forward on left

STEP FORWARD RIGHT-LEFT, SAILOR RIGHT, SAILOR LEFT, RIGHT TOE TAPS

- 1-2-3&4 Step forward on right, step left to left side (level with right), cross/step right behind left, step left to left side, step right to side
5&6-7-8 Cross/step left behind right, step right to right side, step left to side, tap right toe back, tap right toe back

& HEEL & TAP, HEEL SWITCHES, & STEP, SLIDE DOUBLE STOMP

- &1&2 Step back on right, touch left heel forward, step forward on left, touch right toe beside left
&3&4 Step back on right, touch left heel forward, step back on left, touch right heel forward
&5-6-7-8 Step back on right while lifting left forward, stride/step forward on left, drag right forward, double stomp right beside left (weight on left)

KICK, CROSS, STEP LEFT, STEP RIGHT, CROSS, STEP RIGHT, $\frac{1}{4}$ LEFT, $\frac{1}{2}$ LEFT

- 1-2-3-4 Kick right foot forward, cross/step right foot over left, step back on left, step right to side
5-6-7-8 Cross/step left foot over right, step back on right, turning $\frac{1}{4}$ turn left, step forward on left, turning $\frac{1}{2}$ turn left step back on right

ROCK BACK, FORWARD, FULL TURN RIGHT, STEP, DRAG, DOUBLE STOMP

- 1-2-3-4 Rock back on left, rock forward on right, turning $\frac{1}{2}$ turn right step back on left, turning $\frac{1}{2}$ turn right step forward on right
5-6-7-8 Stride/step forward on left, drag right foot, double stomp right beside left

RIGHT VINE, $\frac{1}{4}$ TURN RIGHT, $\frac{1}{2}$ TURN RIGHT, $\frac{1}{4}$ TURN RIGHT, CROSS BEHIND, HOLD

- 1-2-3-4 Step right to side, step left behind right, turn $\frac{1}{4}$ turn right step forward on right, step forward on left
5-6-7-8 Pivot turn $\frac{1}{2}$ turn right (weight on right), turn $\frac{1}{4}$ turn right stepping left to left side, cross/step right behind left, hold

LEFT VINE $\frac{1}{4}$ TURN LEFT, $\frac{1}{2}$ TURN LEFT, $\frac{1}{2}$ TURN LEFT, STEP BACK, HOLD

- 1-2-3-4 Step left to left side, step right behind left, turn $\frac{1}{4}$ turn left step forward on left, step forward on right
- 5-6-7-8 Pivot turn $\frac{1}{2}$ turn left (weight on left), turning $\frac{1}{2}$ turn left step back on right, step back on left, hold

RIGHT SPLIT STEP, LEFT SPLIT STEP, RIGHT SPLIT STEP, TOUCH BACK, TURN

- &1&2&3&4 Step back on ball of right, step forward on left, step right beside left, step back on ball of left, step forward on right, step left beside right
- &5&6&7&8 Step back on ball of right, step forward on left, touch right beside left, touch right toe back, turn $\frac{1}{2}$ turn right on ball of left

HITCH SHUFFLE BACK X 4

- &1&2&3&4 Hitch right knee & shuffle back stepping right-left-right, hitch left knee & shuffle back stepping left-right-left
- &5&6&7&8 Hitch right knee & shuffle back stepping right-left-right, hitch left knee & shuffle back stepping left-right-left

SKATE RIGHT-LEFT, SHUFFLE FORWARD, $\frac{1}{2}$ TURN SHUFFLE FORWARD, $\frac{1}{2}$ TURN SHUFFLE FORWARD

- 1-2-3&4 Skate/step forward on right, skate/step forward on left, shuffle forward right-left-right
- &5&6&7&8 Turn $\frac{1}{2}$ turn left & shuffle forward left-right-left, turn $\frac{1}{2}$ turn right & shuffle forward right-left-right

STEP BACK LEFT, DRAG RIGHT HEEL, STEP ON RIGHT, HOLD, CROSS LEFT OVER RIGHT, HOLD, UNWIND $\frac{3}{4}$, HOLD

- 1-2-3-4 Step back on left, drag right heel towards left foot, step right beside left, hold
- 5-6-7-8 Touch left toe over right, hold, $\frac{3}{4}$ turn unwind turn right, hold (weight on right)

REPEAT

ENDING

On 5th wall dance up to count 22 (right & left sailor steps), touch right toe behind left & unwind $\frac{3}{4}$ turn right to face front.
