

# D&J Swing (P)

拍數: 56      牆數: 0      級數: Partner  
編舞者: Doreen Francis  
音樂: Too Much Drink (Not Enough Sleep) - The Fantastic Shakers



Position: Mirror Image. Start in Closed Swing position (Hands in Cup & pin hold)

## BASIC SWING IN CLOSED FACING LOD

### MAN

1&2      Triple step left, right, left (moving slightly forward LOD)  
3&4      Triple step right, left, right (in place)  
5-6      Rock step left, right

## LADY ½ TURN RIGHT UNDER MANS LEFT ARM TO TWO HAND HOLD

### MAN

1&2      Triple step (in place)  
3&4      Triple step  
5-6      Rock step

### LADY

1&2-3&4      ½ turn right on triple step, triple step, ends facing man RLOD  
5-6      Rock step

## LADY FULL TURN RIGHT TO HAMMERLOCK

Man raises left hand and lowers right. Moving forward

1&2      Triple step  
3&4      Triple step  
5-6      Rock step (man forward, lady back)

Lady behind man to left open promenade man releases lady's left hand

## TRIPLE STEP TRIPLE STEP WALK WALK

1&2      Triple step (moving slightly to right)  
3&4      Triple step  
5      Step back  
6      Step back (now holding inside hands)

## KICK KICK SWIVEL

1-2      Kick left forward replace  
3-4      Kick right forward replace  
5-6      Swivel heels left back to center

## DO IT AGAIN

1-2      Kick left forward replace  
3-4      Kick right forward replace  
5-6      Swivel heels left back to center

## MOVING FORWARD LOD. LEFT OPEN PROMENADE

1&2      Triple step forward  
3&4      Triple step forward  
5-6      Forward rock step

## CHANGE SIDES TRIPLE STEP ROCK STEP TRIPLE STEP ROCK STEP

1&2      Triple step to left behind lady releasing lady's right hand  
3-4      Take lady's left hand & rock step

5&6 Triple step to right behind lady release left hand take right  
7-8 Rock step

**LADY FULL TURN RIGHT IN FRONT OF MAN TO CLOSED SWING ON MANS RIGHT, FACE LOD**

1&2 Triple step keep hold of lady's hand. (moving slightly to left)  
3&4 Triple step bring lady to closed swing on right side  
5-6 Rock step

**REPEAT**

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