

Cuttin' Loose

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Larry Bass (USA)
音樂: Bad Day to Let You Go - Bryan White



KICK-BALL-CHANGE, TOUCH BACK ½ TURN; FORWARD COASTER STEP, BACKWARD COASTER STEP

1&2 Kick right foot forward, step on ball of right foot; step left foot beside right
3-4 Touch right toe back; turn ½ turn right onto right foot
5&6 Step left foot forward, step right foot beside left; step left foot back
7&8 Step right foot back, step left foot beside right; step right foot forward

KICK-BALL-CHANGE, TOUCH BACK ½ TURN; FORWARD COASTER STEP, BACKWARD COASTER STEP

9&10 Kick left foot forward, step on ball of left foot; step right foot beside left
11-12 Touch left toe back; turn ½ turn left onto left foot
13&14 Step right foot forward, step left foot beside right; step right foot back
15&16 Step left foot back, step right foot beside left; step left foot forward

SIDE STEP, SAILOR SHUFFLE, SIDE ROCK; SIDE STEP, SAILOR SHUFFLE, SIDE ROCK

17 Step right foot to right
18&19 Cross left foot behind right, step right foot to right; step left foot forward diagonally left
20 Rock right onto right foot
21 Step left foot to left
22&23 Cross right foot behind left, step left foot to left; step right foot forward diagonally right
24 Rock left onto left foot

RIGHT SIDE SHUFFLE, ROCK STEP; ROLLING ¾ TURN, FORWARD SHUFFLE

25&26 Step right foot to right, step left foot beside right; step right foot to right
27-28 Rock left foot back; rock forward onto right foot
29 Start right ¾ rolling turn (moving toward 9:00), turning ¼ turn right, step left foot back
30 Complete right ¾ rolling turn (moving toward 9:00), turning ½ turn right, step right foot forward
31&32 Step left foot forward, step right foot beside left; step left foot forward

REPEAT
