

Cuttin' A Groove

COPPER KNOB
STEPSHEETS

拍數: 44 牆數: 4 級數: Intermediate
編舞者: Vicki E. Rader (USA)
音樂: Big Love - Tracy Byrd



HEEL DIG, STEP BACK, TOGETHER

1-2 Touch right heel forward with toes turned to left; grind heel and turn toes right
3-4 Step back on right foot; step back on left foot next to right

HEEL DIG, STEP BACK, TOGETHER

5-6 Touch right heel forward with toes turned to left; grind heel and turn toes right
7-8 Step back on right foot; step back on left foot next to right

STEP-PIVOT, BACK-2-3-PIVOT, STOMP, STOMP

9-10 Step forward on right foot; keeping weight on right foot, pivot ½ to the left
11-12 Step back on left foot; step back on right foot
13-14 Step back on left foot; pivot ½ to the left
15-16 Stomp right foot; stomp left foot

HEEL, TOE TAPS, HEEL-SWITCH WITH ¼ TURN, TOE TAPS

17-20 Touch right heel slightly forward; tap right toe 3 times
& Step right foot home turning ¼ left; tap right toe 3 times
21-24 Touch left heel slightly forward; tap left toe three times

HEEL SWITCH WITH ¼ TURN, HOLD, HEEL SWITCH WITH ¼ TURN, HOLD

& Step left foot home turning ¼ right
25-26 Touch right heel forward; hold the count and step right foot home turning ¼ left
27-28 Touch left heel forward; hold the count

CROSS BALL-CHANGE, MODIFIED LEFT GRAPEVINE, RIGHT GRAPEVINE WITH ½ TURN

& Step left foot in place
29-30 Cross right foot over left and step; step left on left foot
31-32 Step right foot behind left; step left on left foot
33-34 Step right foot to the right; step left foot behind right
35 Step right foot to the right
& Turn ½ to the right on ball of right foot
36 Step left foot next to right, shifting weight to left foot

STEP, HEEL, HIP THRUSTS, STEP, HEEL HIP THRUSTS

37-38 Step forward on right foot; touch left heel forward
39-40 Thrust hips forward while pulling elbows in, twice
41-42 Step forward on left foot; touch right heel forward
43-44 Thrust hips forward while pulling elbows in, twice

REPEAT