

Cut Me Off

拍數: 32 牆數: 2 級數: Beginner
編舞者: Tarja Eriksson (FIN) & Nina Norrbo
音樂: Cut Me Off - Perfect Stranger



HEEL TOUCHES

1-2 Touch right heel forward, step right foot in place
3-4 Touch left heel forward, step left foot in place
5-6 Touch right heel forward, step right foot in place
7-8 Touch left heel forward, step left foot in place

TOE STRUTS FORWARD

9-10 Step right toes forward, drop heel
11-12 Step left toes forward, drop heel
13-14 Step right toes forward, drop heel
15-16 Step left toes forward, drop heel

ROCK STEPS FORWARD AND BACK

17-18 Rock right foot forward, step left foot in place (recover)
19-20 Rock right foot back, step left foot in place (recover)
21-22 Rock right foot forward, step left foot in place (recover)
23-24 Rock right foot back, step left foot in place (recover)

STEP HOLD, TURN ¼ HOLD AND CLAP

25-26 Step right foot forward, hold and clap hands
27-28 Turn ¼ left, hold and clap hands
29-30 Step right foot forward, hold and clap hands
31-32 Turn ¼ left, hold and clap hands

REPEAT
