

Cumbia Rhythm

拍數: 32 牆數: 2 級數: Improver
編舞者: Lizzie Clarke (SCO)
音樂: Cowboy Cumbia - Jody Jenkins



RIGHT, TOGETHER, RIGHT SIDE SHUFFLE, CROSS ROCK, ¼ LEFT, SHUFFLE FORWARD

1-4 Step right, left beside right, step right & step left, step right
5-6 Cross left over right, recover weight on right foot
7&8 Turn ¼ left, shuffle forward left, right, left

PIVOT ½ LEFT, TRIPLE FULL TURN LEFT, HIP BUMPS LEFT X 3, RIGHT X 3

1-2 Step forward on right, pivot ½ turn left
3&4 Shuffle full turn left stepping right, left, right
5&6 Step forward on left bumping hips forward, back, forward (weight)
7&8 Step forward on right bumping hips forward, back, forward (weight)

POINT & PIVOTS ¼ TWICE, JAZZ BOX, PIVOT ¾ LEFT HOOK, LEFT SHUFFLE FORWARD

1&2& Point left toe forward, pivot ¼ turn right twice
3&4 Cross left over right, step back on right, step left to left side
5-6 Step forward on right pivot ¾ turn left, hooking left foot below right knee
7&8 Shuffle forward left, right, left

PIVOT ½ TURN, LEFT ½ TURN, LEFT ½ TURN, ROCK FORWARD, IN PLACE, ROCK BACK RIGHT, ROCK BACK LEFT, IN PLACE, ROCK FORWARD LEFT

1-2 Step forward on right, pivot ½ turn left
3-4 Step forward on ball of right foot & turn full turn left, step forward on left
5&6 Rock forward on right & recover weight on left, step back on right
7&8 Rock back on left & recover weight on right, step forward on left

REPEAT
