

Cumbia Dance-A-Thon

拍數: 32 牆數: 1 級數: Improver
編舞者: Irene Groundwater (CAN)
音樂: La Cumbia - G. Kajanus



FORWARD, FORWARD, FORWARD, KICK BACK, FORWARD, FORWARD, FORWARD, KICK BACK

Circling left $\frac{3}{4}$ turn on these 8 counts, ending at 3:00

- 1-2 Left forward turning left, right forward turning left
- 3-4 Left forward turning left, right kicks back while head tilts back
- 5-6 Right forward turning left, left forward turning left
- 7-8 Right forward turning left, left kicks back while head tilts back

Optional: Hands circle each other in front of chest on steps 1,2,3 and 5,6,7

LEFT VINE WITH RIGHT HEEL, RIGHT VINE WITH LEFT HEEL

- 9-10-11 Side step left, right behind left, side step left
- 12 Tap right heel turning body to the right $\frac{1}{4}$ turn right on step
- 13-14-15 Side step right facing 3:00, left behind right, side step right
- 16 Tap left heel turning body to the left $\frac{1}{4}$ turn left on step

Optional: Point first finger of each hand forward on steps 12 and 16

LEFT BODY DIP, TURN, TWO CLAPS, RIGHT BODY DIP, TURN, TWO CLAPS

- 17 Bring weight onto left ball which swivels $\frac{1}{4}$ turn right as
- 18-19 Body dips left with $\frac{1}{4}$ turn right as right ball swivels right
- &20 Clap, clap
- 21 Bring weight onto right ball which swivels $\frac{1}{4}$ turn left as
- 22-23 Hip sways right, body turns $\frac{1}{4}$ turn left as left ball swivels left
- &24 Clap, clap

Optional: Swivel on heel instead of ball of foot on steps 19 & 23. Or use hip & shoulder shimmy on counts 18-19 & 22-23

FORWARD, BACK, BACK, HOLD, BACK FORWARD, FORWARD, $\frac{1}{4}$ TURN LEFT

- 25-26 Left forward, right back
- 27-28 Left back, hold
- 29-30 Right back, left forward
- 31-32 Right forward, hold (pivoting $\frac{1}{4}$ turn left on right ball on hold)

Optional: Subtle Cuban motion on last 8 counts

REPEAT

If you make a full turn on the 1st 8 counts of the dance for the initial dance pattern only, the home wall will always be at the 12:00 wall. If you only make $\frac{3}{4}$ turn on the initial 1st 8 counts of the dance, you either have to start the dance on the 9:00 wall or the dance pattern will always end up on the 3:00 wall being the home wall instead of the 12:00 wall.