

# Cuban Nights

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 2      級數: Improver  
編舞者: Penny Smith (UK)  
音樂: One Night - J.C. Jones



This is a true rumba danced to the rhythm by breaking on 2 with a strong Cuban motion. Use ball-flat footwork throughout.

## BASIC HIP ROLLS (FIGURE 8)

- 1-2      Step left foot to left side, step back on right foot
- 3-4      Rock weight into left foot, rock weight into right foot
- 5-6      Hold weight in right foot, rock weight into left foot
- 7-8      Rock weight into right foot, rock weight into left foot

## HOLD FULL TURN SPIRAL TURN ¼ TURN WEAVE RIGHT

- 1-2      Hold weight in left foot, step forward right (preparing to turn left)
- 3-4      Hook left foot in front of right knee pivot full turn left, step forward left
- 5-6      Side on right foot making ¼ turn left, step left foot across in front of right
- 7-8      Side on right foot, cross left foot behind right

## ARIEL RONDE WEAVE LEFT ¼ TURN LEFT CUCARACHA LEFT

- 1-2      Swing right leg in a to the right arc, step right foot behind left
- 3-4      Step left foot to side, cross right foot in front of left
- 5-6      Keeping weight in right ¼ pivot turn left, step to side on left
- 7-8      Replace weight to right close left to right

## HOLD CUCARACHA RIGHT FULL TURN SPOT TURN

- 1-2      Hold weight on left foot, step side on right foot
- 3-4      Replace weight to left foot, close right foot to left
- 5-6      Hold weight on right foot, cross left over right making ¼ turn to right
- 7-8      Step forward right making ¾ turn to right, tap left next to right

**REPEAT**

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