

Cuba Libre

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Cuba Libre - Gloria Estefan



CUBAN HIPS - STEP, ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP

1-3 Step forward on right foot, rock forward on left foot, rock back onto right foot
4&5 Step back on left foot, close right foot beside left, step forward on left foot
6-7 Rock forward on right foot, rock back on left
8&1 Step back on right foot, close left foot beside right, step forward on right foot

½ PIVOT TURN RIGHT, STEP, LOCK, STEP, ROCK STEP, ¾ TRIPLE TURN

2-3 Step forward on left foot, pivot ½ turn right
4&5 Step forward on left foot, lock right foot behind left, step forward on left foot
6-7 Rock forward on right foot, rock back on left
8&1 Triple right, left, right as you make ¾ turn to right

You will now be facing 3:00 wall. Left toe should be behind right foot

RONDE CROSS, SIDE ROCK, CROSS, ¼ TURN, STEP, CROSS SHUFFLE

2-3 Lift left toe in the air out to left side then to front, cross left foot over right
4&5 Rock right foot out to right side, recover weight onto left, cross right foot over left
6-7 Make ¼ turn right as you step back on left foot, step to right side on right foot
8&1 Cross left foot over right, step right foot to right side, cross left foot over right

POINT, FLICK KICK TURN, STEP LOCK STEP, ½ TURN, RONDE

2-3 Point right toe out to right side, make ¼ turn to left as you flick kick right foot back (snapping fingers)
4&5 Step forward on right foot, lock left foot behind right, step forward on right foot
6 ½ turn to right stepping left foot beside right (weight on left)
7-8& Lift right out to front in the air and sweep round behind left, cross right behind left, step slightly forward on left

REPEAT
