Cuba Libre

拍數: 32

級數: Intermediate

編舞者: Ann Napier (NZ)

音樂: Cuba Libre - Gloria Estefan

CUBAN HIPS - STEP, ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP

- 1-3 Step forward on right foot, rock forward on left foot, rock back onto right foot
- 4&5 Step back on left foot, close right foot beside left, step forward on left foot
- 6-7 Rock forward on right foot, rock back on left
- 8&1 Step back on right foot, close left foot beside right, step forward on right foot

1/2 PIVOT TURN RIGHT, STEP, LOCK, STEP, ROCK STEP, 3/4 TRIPLE TURN

- 2-3 Step forward on left foot, pivot ½ turn right
- 4&5 Step forward on left foot, lock right foot behind left, step forward on left foot
- 6-7 Rock forward on right foot, rock back on left
- 8&1 Triple right, left, right as you make ³⁄₄ turn to right

You will now be facing 3:00 wall. Left toe should be behind right foot

RONDE CROSS, SIDE ROCK, CROSS, ¼ TURN, STEP, CROSS SHUFFLE

- 2-3 Lift left toe in the air out to left side then to front, cross left foot over right
- 4&5 Rock right foot out to right side, recover weight onto left, cross right foot over left
- 6-7 Make ¼ turn right as you step back on left foot, step to right side on right foot
- 8&1 Cross left foot over right, step right foot to right side, cross left foot over right

POINT, FLICK KICK TURN, STEP LOCK STEP, ½ TURN, RONDE

- 2-3 Point right toe out to right side, make ¹/₄ turn to left as you flick kick right foot back (snapping fingers)
- 4&5 Step forward on right foot, lock left foot behind right, step forward on right foot
- 6 $\frac{1}{2}$ turn to right stepping left foot beside right (weight on left)
- 7-8& Lift right out to front in the air and sweep round behind left, cross right behind left, step slightly forward on left

REPEAT





牆數:4