

Cuba

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alice Lim (SG)
音樂: Cuba - Gibson Brothers



ROCK STEP, RIGHT CHASSE, ROCK STEP, LEFT CHASSE

1-2-3&4 Rock right behind left, recover on left, step right to side, step left together, step right to side
5-6-7&8 Rock left behind right, recover on right, step left to side, step right together, step left to side

ROCK STEP, ¼ TURN, STEP FLICK, CROSS STEP

1-4 Rock right back, recover on left, make ¼ turn left stepping back on right, ½ turn left stepping forward on left(3:00)
5-6 Step right to side making ¼ turn left (face 12:00), small jump on left foot towards right flicking right foot diagonally back
7-8 Cross right over left, step back on left

TURN TO WALK 3 STEPS, RONDÉ, WALK 3 STEPS, RONDÉ

1-4 ¼ turn right and walk forward 3 steps right-left-right, rondé ½ turn right & touch left foot beside right
5-8 Walk forward 3 steps left-right-left, rondé ½ turn left & touch right foot beside left (3:00)
Optional arms: you can circle left hand around head from right side to back of head & then to left side as you rondé ½ turn right and circle right hand around head as you rondé ½ turn left

ROCK STEP, TURN SHUFFLE, STEP PIVOT TURN, TURN CHASSE

1-2-3&4 Rock right forward, recover on left, ½ turn right to shuffle forward right-left-right
5-6 Rock left forward, pivot ½ turn right
7&8 Step left to side making ¼ turn right, step right together, step left to side (6:00)

ROLLING VINE WITH TOUCH, ROLLING VINE WITH FLICK

1-4 Rolling vine & touch - step forward on right with ¼ turn right, step back on left with ½ turn right, step right to side with ¼ turn right, touch left to side
5-8 Rolling vine & flick - step forward on left with ¼ turn left, step back on right with ½ turn left, step left to side with ¼ turn left, small jump on right foot towards left flicking left foot diagonally back

JAZZ BOX CROSS, PADDLE TURNS WITH BUMPING

1-4 Cross left over right, step right back, step left to side, cross right over left
5-7 1/8 turn right touching left ball to side & bumping hips to left, repeat 2 more times
8 1/8 turn right stepping left to side completing ¼ turn (12:00)

On wall 1, dance till here and restart facing 12:00

CROSS TURN TWICE, RIGHT MAMBO, LEFT MAMBO

1-2 ½ turn curvature walk - cross right over left, step left beside right making ¼ turn right
3-4 Cross right over left, step left beside right making ¼ turn right (6:00)
5&6 Rock right to side, recover on left, step right together (move hips as you do these steps)
7&8 Rock left to side, recover on right, step left together (move hips)

TURN ROCK ROCK ROCK, ¼ TURN HITCH, STEP TOUCH

1 Step right forward making ¼ turn right (9:00)
2 Rock left to side as you brush left shoulder with right fingers while looking towards 6:00
3 Rock to right side as you brush right shoulder with left fingers as you look towards 9:00
4 Rock left to side as you brush left shoulder with right fingers while looking towards 6:00

5-7 ¼ turn right on right foot, spin ½ turn right on right foot hitching left knee, step down on left
8 Touch right to side as you extend right arm vertically up and left arm horizontally to the left
Wrists are bent and fingers relaxed with middle fingers slightly pointing down

REPEAT

RESTART

During wall 1, do only sections 1 to 6 and restart facing 12:00
