CT Hearts Desire



拍數: 32 牆數: 2 級數: Intermediate

編舞者: Doris Kirby (USA) & Sandy Sandoe 音樂: Heart's Desire - Lee Roy Parnell



SAILOR SHUFFLES

1	Cross right foot behind left
&	Step left foot beside right
2	Step right foot beside left
3	Cross left foot behind right
&	Step right foot beside left
4	Step left foot beside right
5-8	Repeat 1-4 above

CLIDE TO DICHT, CLIDE TO LEET

SLIDE TO RIGHT, SLIDE TO LEFT		
1	With right foot, take a large step to the right	
2-3	Slowly slide left foot to right (arms in front, palms facing front, move hands in to the left circular motion)	
4	Touch left toe next to right foot and clap	
5	With left foot, take a large step to the left	
6-7	Slowly slide right foot to left (arms in front, palms facing front, move hands in to the right circular motion)	
8	Touch right toe next to left foot and clap	
Options:		
1-2-3-4	Vine to right with touch (right, left behind right, right, left touch beside right) and clap	
5-6-7-8	Vine to left with touch (left, right behind left, left, right step down next to left) and clap	
Or		
1-2-3-4	Rolling full-turn vine and touch to right and clap	
5-6-7-8	Rolling full-turn vine and touch to left and clap	
Styling: drop right shoulder when stepping on right foot, drop left shoulder when stepping on left foot		

Or As you slide to the right, with your right hand turn head to dancer on your left and signal dancer with your right

hand (palm up and closing motion of fingers) to slide that way with you. Reverse when sliding to left, by looking at dancer on your right and using left hand to signal

WALK BACKWARDS, FORWARD TOE TOUCHES

1	Step right back
2	Step left back
3	Step right back
4	Touch left next to right
&5	Step down on left and point right toe forward (slight hop)
&6	Step right back and point left toe forward (slight hop)
&7	Step down on left and point right toe forward (slight hop)
&8	Step right back and point left toe forward (slight hop)
Options:	
1-2-3-4	Triple-step (right, left, right) full turn going back with count 4 being a touch left next to right
&	Step down on left foot
5&6&7&8	Elvis knees starting with right knee turned in toward left leg, step down on right, left knee

Elvis knees starting with right knee turned in toward left leg, step down on right, left knee

turned in toward right leg, step down on left, right knee turned into toward left leg, step down

on right, left knee turned in toward right leg

Or

4 Step left down next to right and raise heel of right &5&6&7&8 Step right foot slightly to front on count & and begin hip bumps (c-bumps)to right, hip up on count 5, down on 6, up on 7, down on 8

LEFT, RIGHT SHUFFLES, ½ RIGHT PIVOT TURN, KICK-BALL-TOUCH

1	Step left foot forward
&	Step right foot next to left
2	Step left foot forward
3	Step right foot forward
&	Step left foot next to right
4	Step right foot forward
5	Step forward with left foot (weight is forward on left foot)
6	½ turn to the right (weight transfers to the right foot)
7	Kick your left leg slightly forward
&	Step down on the ball of left foot
8	Point right foot to right side

REPEAT