

Crystal Feet

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sven CESARO (CH)
音樂: Walkin' the Country - Keith Urban & The Ranch



3rd place at the "Big Apple Country Dance Festival"

RIGHT FORWARD, LEFT FORWARD, KICK RIGHT, ½ TURN LEFT, SAILORS STEPS FORWARD

1-2 Right forward, left forward
3& Kick right forward, on ball of left turn ½ turn left hooking right foot across left shin
4 Step right slightly forward

Counts 5-8 are sailors steps going forward (and not aside as usual)

5&6 Left behind right (5th position), step right diagonally right, step left forward
7&8 Right behind left (5th position), step left diagonally left, step right forward

TOUCH, SWEEP, LOCK, ¼ TURN LEFT, PIGEON TOED MOVEMENT, HEEL JACK

1-2 Touch left toe forward, sweep left toe around and to the back crossing/stepping left behind right
&3 Lock right in front of left, touch left behind
4 ¼ turn left ending with weight on both feet
5&6 Pigeon toed movement going on left side with ¼ turn left (weight on left)
&7 Step right behind, touch left heel forward
&8 Step left at its original place, touch right next to left

APPLEJACK WALKING FORWARD, ROCK STEP, FLICK, ½ TURN LEFT, HANDS, KNEE POP

1&2& Applejack walking forward beginning with right forward (right-left)
3&4 Rock right forward, left steps in place, right steps next to left and flick left leg behind
5-6 Touch left toe behind, ½ turn left keeping weight on right foot
7 Place both arms straight down (along the body), palms of hands facing floor
& Rise up on balls of feet, raising heels off floor/popping both knees forward
8 Drop heels/straighten knees (weight on right)

CROSS, ¼ TURN LEFT, WEIGHT CHANGE, SPIRAL TURN

1&2 Step left across right, step back with right and turn ¼ turn left, point left toes on left side
3-4 Change of weight from right to left
5-6 With ¼ turn right, roll right knee out with weight, step left forward
7-8 Spiral ¾ turn right (weight remains on left)

REPEAT

RESTART

When dancing to "Walkin' the country", dance only counts 1-16 of wall 3 and then start the dance at count 1.

FINISH

To end the dance, you will do the count 25 to 28. Once you've changed the weight from right to left, just slap your right hip with you right hand. That will perfectly fit with the end of the song.