

Desperate Measures

COPPER **KNOB**
STEPSHEETS

拍數: 48 牆數: 2 級數: Advanced
編舞者: Mark A. Smith (AUS) & Trevor Smith (AUS)
音樂: I Knew I'd Need My Heart Someday - James Bonamy



1st Place "Advanced Division" choreography South Australian Freestyle Championships 1997

ANKLE ROLLS, HEEL JACKS

- 1-4 Step left foot across in front of right and roll weight onto left toes, roll weight onto right toes, roll weight onto left toes, roll weight onto right toes
&5 Jump back at 45 degrees left onto left foot and tap right heel at 45 degrees right
&6 Return right foot home and step left foot in beside
&7 Jump back at 45 degrees right onto right foot and tap left heel at 45 degrees left
&8 Return left foot home and step right foot in beside

SYNCOPATED VINE LEFT, 45, 1 ¼ TURNING VINE RIGHT, STEP

- &9 Step left onto left foot, step right foot across in front
&10 Step left onto left foot, step right foot across behind
&11 Step left onto left foot, step right foot across in front
&12 Step left onto left foot, tap right heel at 45 degrees right
13 Turn a ¼ turn right as you step right onto right foot
14 Turn a ½ turn right as you step back onto left foot
15 Turn a ½ turn right as you step forward onto right foot
16 Step forward onto left foot

BOX RUMBA STEP

- 17-18 Step right onto right foot, step left foot in beside right
19-20 Backward step onto right foot, hold
21-22 Step left onto left foot, step right foot in beside left
23-24 Step forward onto left foot, hold

SYNCOPATED SIDE SCOOTs

- 25&26 Scoot right on left foot touching right toe to side, scoot right on left foot and step down on right
27&28 Scoot left on right foot touching left toe to side, scoot left on right foot and step down on left
&29 Scoot right on left foot hitching right knee and step down on right foot
&30 Scoot left on right foot hitching left knee and step down on left foot
31&32 Repeat steps 29-30

ROCK FORWARD/BACKWARD, 1 ½ RIGHT TURN SHUFFLE, STOMP FORWARD HOLD, JUMP APART, TOGETHER

- 33-34 Rock forward onto right foot, rock backward onto left foot
35&36 Turn 1 ½ turn right as you shuffle backward leading right (right-left-right)
37-38 Stomp forward onto left foot, hold
39 Jump both feet apart approximately shoulder width
40 Jump together sliding feet along floor to center

STEP, SIDE SYNCOPATED STEPS, STEP, PIVOT WITH KICK

- 41 Step forward onto left foot
&42 Ball change right foot right and left in place
43 Step right foot across in front of left
&44 Ball change left foot left and right in place

- 45 Step left foot across in front of right
- &46 Ball change right foot right and left in place
- 47 Step forward on right foot
- 48 Pivot a ¼ turn left as you kick left foot forward at 45-degrees left

REPEAT

As this dance was choreographed to fit the phrasing of the music listed at the top of this dance cue sheet, you will need to insert at designated times an additional Four movements as listed below. They are inserted at the end of the 2nd and 4th Dance Sequences. After completing Step 48 you will have kicked your LEFT leg out.

Commence these steps from that position

- 1 Touch left toe in beside right foot
 - 2 Raise left knee and slap with left hand
 - 3 Touch left toe in beside right foot
 - 4 Kick left foot forward at 45-degree angle left with clap
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