Deshney

拍數: 32

牆數:4 編舞者: Raymond Sarlemijn (NL)

音樂: 2000 Watts - Michael Jackson

In Memorial To My Best Friend STEP OUT, KICK, KICK AND POSE Rock right to side Bend your knees inward and bend your left arm in front of your shoulder and your right arm is straight to the right side & Hold Bend your knee to the outside bend your right arm in front of your shoulder and stretch your left arm to the side and keep it straight. 2 Hold Bend your knee to the inside bend your left arm in front of your shoulder and your right arm is straight to the right side 3 Hold Bend your knee to the outside bring your left hand to your hip and your right hand next to your head & right hand to your hip and your left hand next to your head Recover to left, stomp/touch right together &4 Bring your left hand to your hip and your right hand next to your head 5 Kick right forward Hold your arms next to your body &6 Step right together, kick left forward 7&8 Rock right forward, recover to left, turn 1/4 right and step right together Hold your both arms above your head and stretch it STAND, BOUNCE, HOPPING AROUND 1 Step out on both While doing this, bend your knees to the outside. Bounce your both shoulders to the inside Hold & Bend your knees to the inside bounce your shoulder to the back 2 Hold Bend knees straight bounce your shoulders natural 3 Step out on left Bring your left shoulder to the front & bring your right shoulder to the back Hold 4 Bounce your left shoulder in the front 5 Slide right next to left Bend your right arm in front of your body and stretch your left arm to the side & Hop 1/4 to the left Hold your arm like no. 5 Hop 1/4 to the left 6 Hold your arm like no. 5 & Hop 1/4 to the left Hold your arm like no. 5 7 Hop 1/4 to the right Bend your left arm in front of your body and stretch your right arm to the side Hop 1/4 to the right & Hold your arms like no. 7 Hop 1/4 to the right 8 Put your both arms next to your body

級數: Advanced



KICK BALL CHANGE, ¼ TURN, BOUNCE, ROBOT MOVE
1&2 Kick right forward, step right together, step left forward
Bring your right fist in front of your stomach and hold your left arm next to your hip
3 Turn ¼ to the right
Bring your right arm next to your face, hold your hand open & look to the left, while doing this pretend that
your pushing your face to the left
& Hold
Bend, turn your knees to the inside
4 Turn to front
5 Step out on right
Pop chest in
& rock to left
6 recover to right
Pop chest out
7 Hold
Bend through your right knee and lean your back to the side bring your right arm in front of your body and left arm backwards
8 Weight to left
Chest forward. Arm movements follow your body
SLIDE TOGETHER, ROBOT MOVE, STEP OUT, STEP 1/4 AND BOUNCE AROUND
1 Slide right next to left
Bring your left arm in front and your right arm to the back
2 Step out on your right
Hold your body backwards hold your arms like no. 1
3 Turn ¼ left
Keep your hands in front
4 Hold
Bend through your right knee and your body hanging to the side bring your right arm in front of your body and left arm backwards
5 Hold
Body roll to the left and make it bouncing and finish the body roll until count 8
6 Hold
7 Hold
& Stand on both legs
Put your right shoulder up
8 Stomp left next to right
Bring your left shoulder up & bring your right shoulder down
REPEAT
TAG After 2 times you get a small break of 4 counts do whatever you want, but make it funky (free expression)
TAG

TAG

After the 4th time your get a break of 32 counts make robot moves

- 1 Step out on your right
- 2 Hold
- 3 Step out on your left
- 4 Hold
- 5 Step out on your right
- 6 ¹/₄ turn to the left
- 7 Bend through your right knee and lean your body to the right
- 8 Slide your right next to your left

This you do 4 times