Desert Rose

拍數: 32

級數: Intermediate

編舞者: Chris Williams (UK)

音樂: Desert Rose - Sting

SLIDES AND TOE TOUCHES

- 1-2 Step right to right side, slide left up to right
- 3&4& Touch left toe forward & step in place, touch right toe forward & step in place
- 5-6 Step left to left side, slide right up to left
- 7&8& Touch right toe forward & step in place, touch left toe forward & step in place

ROCK TURN AND CROSS ROCK STEPS

- 1-2 Rock forward right, recover onto left
- 3-4 Step back on right turning ¹/₂ to right, step forward left
- 5&6 Cross right over left, rock to left on left & recover onto right
- 7&8 Cross left over right, rock to right on right & recover onto left

KICK POINT AND ¼ TURN ROCKS

- 1-2 Kick right forward, point right toe to right side
- &3-4 Step right in place & rock left to left side, recover onto right
- 5-6 Rock back on left turning ¼ turn left, recover onto right
- 7&8 Rock forward on left, recover onto right & hook left across right

Optional: there are no arm movements choreographed in the dance, therefore the following optional arm

movements are only suggestions:

- 1 Right arm forward, left arm back and click fingers
- 2 Right arm extended to right, diagonally down, left arm diagonally across body to right at waist height and click fingers

STEPS, POINTS AND ½ TURN

- 1-2 Step left diagonally forward and left, cross right behind left
- &3-4 Step left to left side & cross right over left, touch left to left side
- 5-6 Cross left over right, touch right to right side
- 7-8 Step forward right, pivot ½ turn right stepping back on left

REPEAT





牆數:4

滴數: