

# Derailed

拍數: 64      牆數: 4      級數: Improver / Intermediate  
編舞者: Peter Metelnick (UK)  
音樂: Then She Kissed Me - The Derailers



## RIGHT SIDE SHUFFLE, LEFT ROCK BACK & RECOVER, LEFT SIDE SHUFFLE, RIGHT ROCK BACK & RECOVER

1&2      Step right foot to right side, step left foot together, step right foot to right side  
3-4      Rock left foot back, recover weight on right foot  
5&6      Step left foot to left side, step right foot together, step left foot to left side  
7-8      Rock right foot back, recover weight on left foot

## RIGHT FORWARD, LEFT KICK BALL CHANGE, LEFT & RIGHT FORWARD, LEFT KICK BALL CHANGE, LEFT FORWARD

1      Step right foot forward  
2&3      Kick left foot forward, touch ball of left foot together, step right foot in place  
4-5      Step left foot forward, step right foot forward  
6&7      Kick left foot forward, touch ball of left foot together, step right foot in place  
8      Step left foot forward

## RIGHT ROCK FORWARD & RECOVER, ½ RIGHT TURNING SHUFFLE, WALK 2, LEFT FORWARD SHUFFLE

1-2      Rock right foot forward, recover weight on left foot  
3&4      Turning ½ right step right foot forward, step left foot together, step right foot forward  
5-6      Step left foot forward, step right foot forward  
7&8      Step left foot forward, step right foot together, step left foot forward

## RIGHT FORWARD, LEFT KICK BALL CHANGE, LEFT & RIGHT FORWARD, LEFT KICK BALL CHANGE, LEFT FORWARD

1      Step right foot forward  
2&3      Kick left foot forward, touch ball of left foot together, step right foot in place  
4-5      Step left foot forward, step right foot forward  
6&7      Kick left foot forward, touch ball of left foot together, step right foot in place  
8      Step left foot forward

## RIGHT & LEFT TOE STEPS, RIGHT SIDE SHUFFLE, LEFT ROCK BACK & RECOVER

1-2      Touch right toes to right side, press heel down  
3-4      Cross touch left toes over right foot, press left heel down  
5&6      Step right foot to right side, step left foot together, step right foot to right side  
7-8      Rock left foot back, recover weight on right foot

## LEFT & RIGHT TOE STEPS, LEFT SIDE SHUFFLE, RIGHT ROCK BACK & RECOVER

1-2      Touch left toes to left side, press heel down  
3-4      Cross touch right toes over left foot, press right heel down  
5&6      Step left foot to left side, step right foot together, step left foot to left side  
7-8      Rock right foot back, recover weight on left foot

## RIGHT SIDE SHUFFLE, ¼ LEFT & LEFT SIDE SHUFFLE, RIGHT ROCK FORWARD & BACK

1&2      Step right foot to right side, step left foot together, step right foot to right side  
&3&4      Raise left foot & turn ¼ left on right foot, step left foot to left side, step right foot together, step left foot to left side  
5-8      Rock right foot forward, recover weight on left, rock right foot back, recover weight on left

**RIGHT HEEL GRIND WITH ¼ RIGHT TURN, RIGHT ROCK BACK & RECOVER - REPEAT 2X**

- 1-2 Touch right heel forward turning toes to the right from left to right, pivot ¼ right on left foot completing heel grind
- 3-4 Rock right foot back, recover weight on left foot
- 5-8 Repeat counts 1-4

**REPEAT**

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