

Denise Don't Stop

COPPERKNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Improver
編舞者: Anna Karlsson
音樂: Don't Stop the Music - Robyn



JUMP FORWARD BACK BACK IN PLACE WALK

&1&2 Jump right out left out jump right back to center left back to center
&3 Jump back right left ending feet together (weight center)
4&5& Jump booth feet's diagonal right forward left backward center, left forward right backward center (weight on left)
6-7-8 Walk right left right

TURN ½ HEEL BOUNCE LEFT COASTER STEP STEP OUT HIP ROLL

1&2-3 X 1/8 heel bounce
3&4 Step left back right to center left forward
5-6 Step right out step left out
7-8 Hip roll to the left (start end ends left hip)

TWIST KNEE KICK COASTER STEP ¼ TURN RIGHT STEP TURN ¼ RIGHT

1-2 Twist right knee in out
3-4& Turn body to right ¼ kick step right back (facing new wall)
5&6 Step left to center step right forward step left forward
7-8& Turn ¼ right (weight on right) cross left over right (weight on left)

VAUDEVILLE STEPS RIGHT LEFT 4X APPLE JACK

1&2& Jump diagonal back on right left heel diagonal forward collect left to center cross right over left
3&4& Jump diagonal back on left right heel diagonal forward collect right to center step left beside right weight on left heel and right toe swivel left toe and right heel to left
5&6& Return feet to center weight on right heel and left toe swivel right toe and left heel to right, return feet to center weight on left heel and right toe swivel left toe and right heel to left
7&8 Return feet to center weight on right heel and left toe swivel right toe and left heel to right return feet to center

STEP TURN 3/8 HITCH LEFT KNEE SYNCOPATED WEAWE STEP

1-2 Step right forward turn ¼ hitch left
3-4& Turn 1/8 hitch left (left stays in air) on diagonal left to left cross right behind left
5&6& Step left to left cross right over left step left to left cross right behind left
7-8 Step left to left step right forward turn 1/8 to right

STEP TURN ¼ RIGHT LEFT MAMBO BACK STEP JUMPS AND BODY ROLL

1-2 Step left forward turn ¼ right (weight on right)
3&4 Step left back step left to center
5&6 Step right forward jump on both feet turn ¼ right jump on both feet turn ¼ right
7&8 Step back on right body roll drag left to center

SLIDE TOUCH (DO A SQUARE)

&1-2 Push with right leg to left touch right beside left
&3-4 Turn ¼ left push with left leg to right touch left beside right
&5-6 Turn ¼ left push with right leg to left touch right beside left
&7-8 Turn ¼ left push with left leg to right touch left beside right

REPEAT

TAG

After first wall

LEFT MAMBO TO SIDE RIGHT MAMBO TO SIDE

1&2 Left to left back to center

3&4 Right to right back to center
