

Delirious

拍數: 36 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK)
音樂: Overnight Success - Rick Trevino



CHASSE LEFT, BACK ROCK, "DWIGHT" STEPS TRAVELING RIGHT

1&2 Step left to left side, step right beside left, step left to left
3-4 Rock back on right, recover onto left
5 Swivel left heel to right touching right toe to left instep
6 Swivel left toe to right touching right heel diagonally forward right
7 Swivel left heel to right touching right toe to left instep
8 Swivel left toe to right touching right heel diagonally forward right

RIGHT SCISSOR STEP, CLAP, LEFT SCISSOR STEP, CLAP

9-10 Step right to right, step left beside right
11-12 Cross right over left, clap
13-14 Step left to left, step right beside left
15-16 Cross left over right, clap

SIDE RIGHT, CLOSE, SHUFFLE FORWARD, SIDE LEFT, CLOSE, SHUFFLE FORWARD

17-18 Step right to right, step left beside right
19&20 Step forward on right, step left beside right, step forward on right
21-22 Step left to left, step right beside left
23&24 Step forward on left, step right beside left, step forward on left

FORWARD ROCK, ¼ TURN RIGHT, KICK, STEP, KICK, SIDE ½ TURN RIGHT, HITCH

25-26 Rock forward on right, recover onto left
27-28 Make ¼ turn right stepping right to right side, kick left across right
29-30 Step left in place, kick right across left
31-32 Step right to right side, on ball of right, pivot ½ turn right, hitch left

HIP SWAYS LEFT, RIGHT, LEFT, RIGHT

33-34 Step left to left side swaying hips left, recover onto right swaying hips right
35-36 Replace weight on left swaying hips left, recover on right swaying hips right

REPEAT

RESTART

On walls 1 and 5 (home wall), dance up to step 32 then begin again