

Deep Down (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Matt Thomson (USA)
音樂: Deep Channel (Special Edition) - Afro Celt Sound System



Position: Face to face two hand hold

SIDE SHUFFLE, ¼ ROCK, RECOVER, SHUFFLE, PREPPING ROCK, RECOVER

1&2 **MAN:** Step left to left side, step right together, step left to left side
 LADY: Step right to right side, step left together, step right to right side
3-4 **MAN:** Rock back on right, making ¼ turn right, step forward onto left
 LADY: Rock back on left, making ¼ turn left, step forward onto right
5&6 **MAN:** Step right forward, step left together, step right forward
 LADY: Step left forward, step right together, step left forward
7-8 **MAN:** Step forward on left. Bringing left hand forward, step back onto right
 LADY: Step forward on right. Bringing right hand forward, step back onto left

SHUFFLE -LADIES ½ TURN, WALK, WALK, SHUFFLE, WALK -BOTH ¼ TURN, WALK -LADIES ½ TURN

1&2 **MAN:** Step back left, right together, step back to left
 LADY: Step back on right making ¼ turn right, step left together, step right to right side making ¼ turn

Should be face to face, 2 hand hold, men facing RLOD, lady facing LOD

3-4 **MAN:** Step back onto right, step back onto left
 LADY: Step forward onto left, step forward onto right
5&6 **MAN:** Step back right, left together, step back to right
 LADY: Step forward left, right together, step forward right
7-8 **MAN:** Step left out to left side making ¼ turn right, step right next to left
 LADY: Step forward right ¼ turn left, step left back making ½ turn left

Underneath man's left arm, lady's right

¼ TURN ROCK; RECOVER; COASTER STEP, WALK, WALK SWITCHING SIDES, COASTER STEP

1-2 **MAN:** Step forward on left making ¼ turn to right, step back on right
 LADY: Step forward on right making ¼ turn to left, step back on left

Now facing LOD

3&4 **MAN:** Step back on left, together right, step forward left
 LADY: Step back on right, together left, step forward right
5-6 **MAN:** Step forward right, step left to left side making a quarter turn right
 LADY: Step forward left. Step right to right side making quarter turn left

Lady's backing underneath man's left arm, lady's right

7&8 **MAN:** Step back right, together left, step forward right
 LADY: Step back left, together right, step forward left

Rejoin both hands

CROSS, ¼ TURN, COASTER STEP, WALK, WALK, BRUSH, ¼ STEP

1-2 **MAN:** Cross left over right, make ¼ turn left step back on right
 LADY: Cross right over left, make ¼ right step back on left

Drop lady's right hand, man's left

3&4 **MAN:** Step back left, together right, forward left
 LADY: Step back right, together left, forward right
5-6 **MAN:** Step forward right, step forward left
 LADY: Step forward left, step forward right
7-8 **MAN:** Brush right, step right forward make ¼ turn right

LADY: Brush left, step left forward make $\frac{1}{4}$ turn left

REPEAT
