

The Decision

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Marianne Valentin (DK)
音樂: The Decision - Ricky Van Shelton



This dance is dedicated to my daughter Pernille, who, at the age of 17, had to face this situation and make a decision. The result of her decision became the most beautiful little girl called Laura

CROSS ROCK, SHUFFLE RIGHT, CROSS ROCK, SHUFFLE LEFT

1-2 Cross rock right over left, recover onto left
3&4 Step right to right, step left beside right, step right to right
5-6 Cross rock left over right, recover onto right
7&8 Step left to left, step right beside left, step left to left

STEP ½ PIVOT LEFT, STEP ½ PIVOT RIGHT, STEP

1-4 Step forward on right, turn ½ left (weight to left), step forward on right, hold
5-8 Step forward on left, ½ right (weight to left), step forward on left, hold

TWELVE STEP FIGURE OF EIGHT

1-2 Step right to side, cross step left behind right
3-4 Turn ¼ right and step right foot forward, step forward left
5 Turn ½ right (weight to right)
6 Turn ¼ right and step left to side
7-8 Cross step right behind left, turn ¼ left and step left foot forward
9-10 Step forward right, turn ½ left (weight to left)
11-12 Turn ¼ left and step right to side, touch left next to right

SIDE ROCK CROSS, HOLD, SIDE ROCK CROSS, HOLD

1-2 Rock left to side, recover weight on right
3-4 Cross step left in front of right, hold

Restart here on wall 5

5-6 Rock right to side, recover weight on left
7-8 Cross step right in front of left, hold

VINE LEFT, TOUCH, VINE ¼ TURN RIGHT, TOUCH

1-2 Step left to side, cross step right behind left
3-4 Step left to side, touch right next to left
5-6 Step right to side, cross step left behind right
7-8 Turn ¼ right and step right foot forward, touch left next to right

FORWARD MAMBO, HOLD, BACKWARDS MAMBO, HOLD

1-4 Rock forward on left, recover onto right, step left next to right, hold
5-8 Rock back on right, recover onto left, step right next to left, hold

STEP ½ PIVOT RIGHT, STEP ½ PIVOT LEFT, STEP, HOLD

1-4 Step forward on left, turn ½ right (weight to right), step forward on left, hold
5-8 Step forward on right, turn ½ left (weight to left), step forward on right, hold

SIDE ROCK CROSS, HOLD

1-2 Rock left to side, recover onto right
3-4 Cross step left in front of right, hold

REPEAT

RESTART

Restart on wall 5 after count 4 in section 4
