

Dear Diary

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Shelley Lindsay (UK)
音樂: Out of Reach - Gabrielle



CROSS STEP AND CROSS POINT, CROSS STEP AND CROSS POINT

1-2 Cross right over left, step left out to side
&3-4 Step right in place, immediately cross left over right, touch right out to side
5-8 Repeat counts 1-4

STEP PIVOT, ½ TURN, WALK BACK, FULL TURN, ½ TURNING RONDE

1-2 Step forward on right, pivot ½ turn
&3-4 Hop on left as you ½ turn and step back on right, step back left
5-7 ½ turn right as you step forward on right, ½ turn left as you step back on left ½ turn right as you step forward on right
8 Ronde left foot round as you ½ turn

ROCK FORWARD, BACK, COASTER STEP, ROCK FORWARD, BACK COASTER STEP

1-2 Rock forward on left, back on right
3&4 Step back on left, step right forward, step left next to right
5-6 Rock forward on right, back on left
7&8 Step back on right, step left forward, step right next to left

Alternative:

1-2 Rock forward on left, back on right
3&4 Turning cha-cha to the left (left, right, left)
5-6 Rock forward on right, back on left
7&8 Turning cha-cha to the right (right, left, right)

STEP PIVOT ¼ TURN, STEP CLOSE, STEP SLIDE, KICK CROSS UNWIND, KICK STEP TOUCH

1-2 Step forward on left, pivot ¼ taking weight on right
&3-4 Bring left next to right and immediately step out on right, slide left next to right
5&6 Kick left, cross left over right, unwind ½ turn and transfer weight on to right leg
&7-8 Kick left leg, step left foot in place, touch right foot out to side

REPEAT

THE BRIDGE

The bridge is danced after the end of the 1st, 3rd and 5th walls. When using the country alternative, do two repetitions of the dance, followed by two repetitions of the bridge. Follow this pattern all the way through.

ROCK RIGHT, LEFT, CROSS UNWIND, AND CROSS UNWIND, ROCK LEFT, ROCK RIGHT

1-2 Rock out on right, rock out on left
3-4 Cross right behind left, unwind ½ turn
&5-6 Step out on left, immediately cross left behind right, unwind ½ turn
7-8 Rock out on left, rock out on right

SYNCOPATED WEAVE, ROCK RIGHT ROCK LEFT, JAZZ BOX

1&2 Step left behind right, step right to right side, step left across right
3-4 Rock out to right, replace weight on left
5-6 Cross right over left, step back on left
7-8 Step right out to side, step left next to right