

The DCC Dance

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Improver contra dance
編舞者: Rosie Multari (USA)
音樂: Be Bop a Lula - Scooter Lee



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- 1-4 Tap right foot to right, tap next to left; step right foot to right, slide left foot next to right foot
5&6 Push left hip out as you twirl left knee to the left
7&8 Push right hip out as you twirl right knee to the right
- 1-4 Tap left foot to left, tap next to right; step left foot to left, slide right foot next to left foot.
5&6 Push right hip out as you twirl right knee to the right
7&8 Push left hip out as you twirl left knee to the left
- 1-4 Tap right heel, hook right in front of left shin, shuffle forward on right right-left-right
5-8 Tap left heel, hook left in front of right shin, shuffle forward on left left-right-left
- 1-2 Step forward on right foot, ½ turn to the left, shifting weight onto left foot
3-4 Repeat
5-8 Monterey turn: tap right foot to side, ½ turn to the right as you step right foot next to left; tap left foot to side, step left foot next to right.

REPEAT
