

D C Express

COPPER KNOB
BY STEPHEN

拍數: 34 牆數: 0 級數:
編舞者: Unknown
音樂: Jose Cuervo - Shelly West



1-2 Touch left heel in front of you and bring it back together
3-4 Touch right heel in front of you and as you bring it back together, do a step-change
You will end with weight on your right foot with the left knee bent & ready to step onto your left foot
5 Step forward onto left foot
6 Kick right leg forward
7 Step back onto right foot
8 Touch left foot back

1 Step forward onto left foot-begin turning to right ¼ turn
2 Bring right foot across behind left foot
3 Step side onto left foot, turning ¼ turn to left
4 As you bring right foot together-stomp-turning ¼ turn again to left
5-6 With heels together, swivel to right and back to center
7-8 Swivel to left & back to center

1-2 Take 2 steps forward beginning with your left foot
You will end with your weight on right foot bend right knee slightly. Your left leg should be lifted and bent at the knee

3-4 Scoot forward for 2 counts
5-6-7 Step forward onto left foot and rock forward, back, forward (end with weight on left foot)
8-9-10 Step forward onto right foot and rock for 3 counts
End with weight on right foot
11 Pivot ¼ turn right

1-3 Step onto left foot and rock for three counts
4 Bring right foot together-stomp
5-8 Fan heels apart and back together twice

REPEAT
