Daydream A Little

級數: Intermediate

編舞者: CeeJay (UK)

拍數: 32

音樂: Dream A Little Dream Of Me - Mama Cass

牆數:4



STEP LEFT, TOUCH BALL STEP TWICE, ROCK, ROCK, STEP BEHIND (12:00)

- Step left to left side 1
- 2&3 Touch right toe across left (in front), step on ball of right to right side, step onto left
- 4&5 Touch right toe across left (in front), step on ball of right to right side, step onto left
- 6-7 Rock to right side onto right, rock back to left side onto left
- 8 Step right behind left

VAUDEVILLES WITH CROSSES, BALL CROSS, BALL CROSS, HEEL DIG/LEAN, HOLD (12:00)

- &1&2 Step left back, touch right heel diagonally forward, step right back in place, cross left in front of right
- &3&4 Step right back, touch left heel diagonally forward, step left back in place, cross right in front of left
- &5&6 (Moving diagonally forward to between 10 and 11:00) on ball of left step next to right, cross right over left, on ball of left step next to right, cross right over left
- 7 Dig left heel in front (same diagonal as ball crosses), leaning body back, lifting hands to head height and looking back over left shoulder Hold
- 8

(RIGHT) SIDE SKIP, HOLD, SIDE SKIP, HOLD, ½ LEFT TURNING SAILOR, ½ LEFT TURNING JAZZ BOX (12:00)

- &1-2 Bring left back and step onto it, place right to right, keeping weight central hold
- &3-4 Step left next to right, place right to right, keeping weight central hold
- 5 Turning ¹/₂ turn left on ball of right, swing and step left behind right
- &6 Step right next to left, step left next to right
- 7 Turning ¹/₂ turn left on ball of left, swing and step right in front of left
- &8 Step left next to right, step right next to left

For the more advance dancer the skips can be done as body rolls!. Single claps can be inserted on the "holds", especially for the country version!

ROCK LEFT IN FRONT OF RIGHT, RECOVER ONTO RIGHT, LEFT BALL CROSS, STEP, 1 ¼ TURN RIGHT STEPPING RIGHT, LEFT, RIGHT, TOUCH LEFT (3:00)

- 1-2-Rock left in front of right, recover back onto right,
- &3-4 Step onto ball of left beside right, cross right in front of left, step left out to left (largish step)
- 5-6-7 (Moving right) ¼ turn right stepping right forward, ½ right stepping left back, ½ right stepping right forward
- 8 Touch (or tap) left next to right

REPEAT