

Daydream

拍數: 48 牆數: 4 級數:
編舞者: Linda Kalinowski (USA)
音樂: Daydreams - Vince Gill & Kermit The Frog



This dance is identical to my 32-count dance "5:00 Daydream", with new counts 1-8 and 33-40.

HEEL GRINDS

- 1-2 Step forward on right heel, twist toes to right and step down
- 3-4 Step forward on left heel, twist toes to left and step down
- 5-8 Repeat 1-4

VINE WITH SCUFF/TURN, STEP, SCUFF, STEP

- 1-4 Step to right on right, step left behind right, step to right on right, scuff left forward turning $\frac{1}{2}$ to right
- 5-8 Step on left, scuff right forward and to right making small circle, step on right, cross left over right

RIGHT AND LEFT LINDYS

- 1-4 Shuffle to right on right-left-right, rock back on left, recover on right
- 5-8 Shuffle to left on left-right-left, rock back on right, recover on left

HEEL BALL CHANGES, TURN AND HIP SWAYS

- 1&2 Touch right heel forward and step back on right, step forward on left
- 3&4 Touch right heel forward and step back on right turning $\frac{1}{4}$ to right, step forward on left
- 5-6 Step forward on right swaying hips to right, rock back on left swaying hips to left
- 7-8 Step forward on right swaying hips to right, rock back on left swaying hips to left

- 1-8 Repeat previous 8 counts

KICK STEPS BACK

- 1-4 Kick right forward, step back on right, kick left forward, step back on left
- 5-6 Kick right forward, touch right toe back
- 7-8 Touch ball of right forward, pivot on balls of both feet $\frac{1}{4}$ to left keeping weight on left

REPEAT
