

Day Off

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jon Peppin (AUS)
音樂: Day Off - Ronnie McDowell



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- 1-2 Touch right heel forward, hook/brush right across in front of left shin
3-4 Touch right heel forward, step right beside left
5-6 Touch left heel forward, hook/brush left across in front of right shin
7-8 Touch left heel forward, step left beside right
- 1-2 Paddle turn - step right forward, pivot $\frac{1}{4}$ turn left - placing weight onto left,
3-4 Paddle turn - step right forward, pivot $\frac{1}{4}$ turn left - placing weight onto left
- 1-2-3-4 Montana kick - step right forward, kick left forward, step left back, tap right toe back
5-6-7-8 Montana kick - step right forward, kick left forward, step left back, tap right toe back,
- 1-2-3-4 Vine right - step right to right side, step left behind right, step right to right side, touch left
beside right
5-6-7-8 Vine left turning $\frac{1}{4}$ turn left - step left to left side, step right behind left, turning $\frac{1}{4}$ left - step left
forward, scuff right forward
- 1-2-3-4 Step right slightly forward pushing hips - right, right, left, left - keeping weight on left.

REPEAT
