

A Day Late

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Carl Sullivan (AUS)
音樂: A Day Late And a Darlin' Short - Clay Blaker



- 1-4 Step left to left side, step right beside left, step left forward, touch right beside left
5-6 Step right to right side turning $\frac{1}{4}$ left, lock-step left across over right
7-8 Step right back, hold
- 1-4 Step left back, step right beside left, step left forward (larger step), hold (coaster step)
5-6 Step right forward, pivot $\frac{1}{2}$ turn left onto left
7-8 Step right forward, pivot $\frac{1}{2}$ turn left onto right sliding left back towards right
- 1-4 Step left to left side, step right beside left, turn $\frac{1}{4}$ left stepping left forward, hold
5-6 Step right forward, pivot $\frac{1}{2}$ turn left onto left
7-8 Step right to right side, hold
- 1-2 Step left across behind right, step right to right side
3-4 Rock-step left across over right, replace weight on right
5-6 Step left to left side, rock-step right across over left
7-8 Replace weight on left, step right to right side
- 1-2 Rock-step forward on left turning $\frac{1}{4}$ right, replace weight on right
3-4 Step left across over right, hold
5-6 Rock-step right to right side, replace weight on left
7-8 Step right across over left, hold
- 1-2 Turn $\frac{1}{4}$ right stepping left back, turn $\frac{1}{2}$ right stepping right forward
3-4 Step left forward, hold
5-8 Step forward right, left, right with attitude, hold
- 1-2 Step left forward, pivot $\frac{1}{4}$ turn right onto right
3-4 Step left across over right, step right to right side
5-6 Turn $\frac{1}{2}$ left stepping left to left side, step right across over left
7-8 Step left to left side, turn $\frac{1}{2}$ right stepping right to right side
- 1-4 Rock-step left forward, replace weight on right, step left back, hold (mambo forward)
5-8 Rock-step right back, replace weight on left, step right forward, hold (mambo back)

REPEAT

Heather Myles track slows down in middle on Mambo steps. Just slow down with it, then continue at regular speed.