

Day And Night

拍數: 40 牆數: 2 級數: Improver
編舞者: Brett Johnston (UK)
音樂: Day and Night - Billie Piper



- 1-2 Bring right arm up and bring right leg out so the right leg is lined up with right shoulder
3-4 Bring left arm up and bring left leg out so left leg, is lined up with left shoulder
5-6 Bring both arms down by sides
7-8 Lift left leg crossing it over right leaning to the right, cross the right arm over the body and click
- 9-10 Step left to left side
11-12 Cross right behind left
13&14 Turn left foot $\frac{1}{4}$ turn
15-16 Ronde sweep for a $\frac{3}{4}$ turn
- 17-18 Step right
19-20 Lock left
21-22 Step right
23-24 Step forward left
- 25-26 Pivot $\frac{1}{2}$ a turn over right shoulder
27-28 Bring shoulders back and bend knees
29-30 Body roll forward
31-32 Roll shoulders back roll body up
- 33 Touch left toe in front
34 Touch left toe to left
35&36 Left sailor step
37 Touch right toe in front
38 Touch right toe to right side
39&40 Right sailor step

REPEAT

TAG

You only do the first 8 counts on walls 1 and 3. Do not do steps 1-8 on any other walls other than the ones stipulated

Tag 2 is a tag of 11 counts during which you keep repeating steps 33-40, then go back to count 1.