Dark Secrets



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Gerard Murphy (CAN)

音樂: Can't Get You Out of My Head - Kylie Minogue



Sequence: Start dance after 64 counts (option: do 2 TAGS after 32 counts in, when lyrics start "La, La, La..." then start the dance) TAG is completed two times after starting dance. 1) first time you hit the 9:00 wall; 2) first time you come back to the front wall

ROCK STEP AND POINT HITCH KICK BEHIND SIDE BEHIND AND

1-2&3-4 Rock step right diagonally across left; recover on left; step right ¼ turn to right; point left toes

to left; hitch left knee across right

5-6-7 Kick left to left; step left behind right; step right to right 8& Step left behind right; step on ball of right to right

CROSS SIDE RECOVER, BEHIND, 1/4 TURN STEP, TOUCH STEP, KICK BALL CROSS

9-10-11 Cross step left over right; side rock right to right; recover on left

12&13-14 Step right behind left; step left to left making ¼ turn right, touch right toes forward (knee

bent), step down on right

15&16 Kick left forward; step on ball of left; cross step right over left

SIDE RECOVER, CROSS POINT, TOGETHER STEP POINT, STEP BACK TOUCH

17-18-19-20 Side rock left to left; recover on right; cross step left over right; point right toes to right 21&22 Step right next to left (knees together - knees bending while swinging knees and left hip to

left); step left in place (swinging back to right with knees unbending); point right toes to right

23-24 Step right slightly back; touch left toes forward (knee bent)

KICK STEP TOUCH, 1/4 TURN POINT, STEP BACK, COASTER STEP, WALK WALK

25&26 Kick left forward; step forward on left; touch right next to left

27-28 Pivot on ball of left ¼ turn right and point right forward (leg straight) step back on right

29&30 Step back on left; step back on right; step forward on left

31-32 Walk forward - right, left

REPEAT

TAG

3

ARM/HEAD MOVEMENTS

Call: open, eyes, mouth, hold, ears, ears, up, down

1	Step right to right side shoulder width apart (weight on right), arms down at sides, palms

facing front with fingers spread open

2 Bring right hand up in front of eyes, palm facing in to face with fingers spread, arm parallel to floor with elbow pointing to right

Bring left hand up in front of mouth, palm facing in to face with fingers spread, arm parallel to

floor with elbow pointing left

4 Hold

5 Bring right hand to right side of head, palm facing in to side of head with fingers spread,

elbow pointing right

Bring left hand to left side of head, palm facing in to side of head with fingers spread, elbow

pointing left

7 Keeping both hands at side of head, pivot head up - look at ceiling (hands roll with head)

8 Keeping both hands at side of head, pivot head down - chin to chest & look at floor (hands

roll with head)

Call: head up, face sweep, down, hold, step, body sweep, rock recover

9	Keeping both hands at side of head, pivot had back up to original position - look forward (hands roll with head)
10	Sweep right hand to the left around face, palm facing in to face with fingers spread & ending with right hand at the right side of face, palm facing back with fingers spread (should have pinky finger of right hand just next to right ear)
11	Bring left arm straight down to left side, palm facing in to leg with fingers spread
12	Hold
13	Step left next to right (weight on left)
14	Bring right arm down to right side, sweeping to the left in front of entire body (side of head, across face, left shoulder, left hip, across front to right side), palm facing in to leg with fingers spread
15-16	Rock back on right, recover forward on left