

Dare

拍數: 32 牆數: 4 級數: Improver
編舞者: Amy Christian (USA)
音樂: Dare - Gorillaz



KICK BALL CHANGE, PIVOT ¼, CROSS, SIDE, SAILOR

1&2 Right kick ball change (moving forward)
3-4 Step forward on right foot, pivot ¼ turn left on left foot
5-6 Step right foot across left foot, step left foot to left side
7&8 Right sailor step

KICK, HOOK ½ TURN, KICK, COASTER STEP, KICK SIDE, HITCH, HOLD

1-2 Kick left foot diagonally forward (11:00), hook left foot across right foot, making ½ turn right
3 Kick left foot forward
4&5 Left coaster step
6 Still facing front wall, swing right foot up, straight out to right side (3:00), body leans to left side
7-8 Hitch right foot, straightening up, hold

STEP, TOUCH, HOLD, X 4

&1-2 (Moving forward & looking right) step down on right foot, touch left foot next to right, hold
&3-4 (Moving forward & looking forward) step down on left foot, touch right foot next to left, hold
&5-6 Repeat steps &1-2
&7-8 Repeat steps &3-4

HEEL JACKS, HOLD, PALMS OUT, BODY ROLL (OR HIP ROLL)

&1&2 Step right foot back & place left heel forward, step left foot in place & touch right foot next to left
&3&4 Repeat steps &1&2
5-6 Hold with right foot touching next to left foot, place right hand out to right side, palm open, place left hand out by left side, palm open
7-8 Body roll forward, (or hip roll to the left)

REPEAT

TAG

After wall 2, facing 6:00

½ TURN PIVOTS

1-2 Step forward on right foot, pivot ½ turn left, stepping on left foot
3-4 Repeat counts 1-2

TAG

After wall 8, facing front wall, there will be a 2 count silence

HOLD

1-2 Hold

FINISH

The dance ends on the 2nd 8 set of steps. As you, swing right foot out to right side, instead of hitching right foot make a ½ turn right, stepping right foot next to left, facing the front wall