

Dangerzone

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2
編舞者: Michelle Jackson (USA)
音樂: It's My Life - DJ Bobo

級數: Beginner



CHARLESTON STEPS WITH PADDLE TURN

1-2 Touch right forward, step back right
3-4 Touch left toe back, step forward left
5&6 Touch right to side, hitch right knee, touch right to side making $\frac{1}{4}$ turn left
&7&8 Hitch right knee, touch right to side, hitch right knee making $\frac{1}{4}$ turn left, touch right to side

CHARLESTON STEPS WITH PADDLE TURN

1-2 Touch right forward, step back right
3-4 Touch left toe back, step forward left
5&6 Touch right to side, hitch right knee, touch right to side making $\frac{1}{4}$ turn left
&7&8 Hitch right knee, touch right to side, hitch right knee making $\frac{1}{4}$ turn left, touch right to side

HEEL JACKS WITH HEEL SPLITS

&1&2 Step back right, touch left heel forward, step back left, step right next to left
&3&4 Open heels, close, open heels, close
&5&6 Step back right, touch left heel forward, step back left, step right next to left
&7&8 Open heels, close, open heels, close

MONTERREY TURN, WALK IN CIRCLE MAKING $\frac{3}{4}$ TURN

1-2 Touch right to side, make $\frac{1}{4}$ turn right while stepping right next to left
3-4 Touch left to side, step left next to right
5-8 Walk in a circle with attitude making $\frac{3}{4}$ turn left

REPEAT
