

D & D Slide

拍數: 48 牆數: 4 級數: Improver
編舞者: Unknown
音樂: If I Ain't Got You - Trisha Yearwood



GRAPEVINE RIGHT, TOE TOUCHES

- 1-2 Step right foot to right side, cross left foot behind right
- 3-4 Step right foot to right side, touch left foot next to right
- 5-6 Touch left toes to left side, touch left toes next to right heel
- 7-8 Touch left toes to left side, touch left toes next to right heel

GRAPEVINE LEFT, TOE TOUCHES

- 1-2 Step left foot to left side, cross right foot behind left
- 3-4 Step left foot to left side, touch right foot next to left
- 5-6 Touch right toes to right side, touch right toes next to left heel
- 7-8 Touch right toes to right side, touch right toes next to left heel

STROLL BACK, HEEL TOUCHES

- 1-2 Step right foot back, step left foot back
- 3-4 Step right foot back, touch left foot next to right
- 5-6 Touch left heel diagonally forward, touch left toes next to right heel
- 7-8 Touch left heel diagonally forward, step left foot next to right

TOE TOUCHES, GRAPEVINE RIGHT

- 1-2 Touch right toes diagonally back, touch right toes next to left heel
- 3-4 Touch right toes diagonally back, touch right toes next to left heel
- 5-6 Step right foot to right side, cross left foot behind right
- 7-8 Step right foot to right side, touch left foot next to right

SHIMMY LEFT, STEP, HIP BUMPS, TOUCH

- 1 Step left foot to left side
- 2-3 Shimmy shoulders and hips for 2 counts
- 4 Step right foot next to left
- 5 Step left foot to left side
- 6-7 Bump left hip forward twice
- 8 Touch right foot next to left

STROLL BACK, HIP BUMPS, ¼ TURN, TOUCH

- 1-2 Step right foot back, step left foot back
- 3-4 Step right foot back, touch left foot next to right
- 5-6 Bump left hip forward, bump right hip back
- 7-8 Step left foot ¼ turn left, touch right foot next to left

REPEAT
